

FROM THE DESK OF

## Roxanne Ahmadpour, ND, MS

**March 30, 2021**

Re: SB772, Support Fair Pay for Naturopathic Doctors (NDs)

Dear Senate Health Care Committee,

My name is Roxanne Ahmadpour and I am a Naturopathic Doctor (ND). I would like to share my experience working in Oregon as a licensed ND and ask you to please support SB772.

I love helping people. This is why I have sacrificed so much to become a physician and practice medicine in my local community. I love connecting with people whatever situation they are coming from, and helping them both understand their medical condition and successfully implement a plan to move their health forward.

Naturopathic Doctors are experts in preventative medicine, which addresses health issues at their root and prevents progression of illness, disease, and disability, which inevitably is more costly to patients and health care systems. Preventative medicine is evidence based, and valuable to the community, to patients, their families, their employers, to health care systems, and to the economy. I often manage the majority of the healthcare needs for my patients, whether it be their annual physical, lab orders, health screenings, or prescription(s). I also make referrals to other competent providers and specialists when appropriate. In addition, I teach my patients about diet and nutrition, how to stay active, manage stress, improve their sleep and become more proactive in their own healthcare. All of these things come together to create a more complete treatment plan for their health.

Unfortunately, NDs are not being fairly compensated for our valuable contributions to healthcare in this great state. This makes it more difficult for people like me to stay in practice and deliver this essential and unique level of care. It also limits access to healthcare for my patients as well as other individuals and families in the community. And for those of us who have been able to stay in practice, we do so at a great economic disadvantage to our peers, making it difficult to repay student loans, raise a family, and give back to the community.

I am asking you to vote yes on SB772 and support fair pay for Naturopathic Doctors. This will validate our education, expertise, and efforts and support the important work we do in our communities.

Sincerely yours,

**Dr. Roxanne Ahmadpour, ND, MS**