

Although I am not a health care professional, 73 years of living have shown me again and again the devastating impact of racism on a person's health.

Racism causes stress and distress and any of us can look at our own lives and recognize the impact of stress on our own bodies and emotional health. There are many statistics underscoring the terrible impact of living with the stress of racism.

Please support all legislation that moves us to an equitable distribution of resources for healthy living for all Oregonians.

Thank you.