

Haven Trauma Counseling, LLC
Annaliese D. Ellsworth, MSW, LCSW
1380 Hines St. SE
Salem, OR 97302



Chair Prusak and Members of the Committee;

I am Licensed Clinical Social Worker, who has been practicing in the State of Oregon for the last six years. I specialize in treating patients with complex anxiety and trauma, resulting from histories of abuse, sex trafficking and intimate partner violence.

As a mental health provider, I have experienced working with many clients who suffer barriers to attending regular appointments, such as agoraphobia, childcare barriers, consistent transportation and health concerns. Working with these vulnerable populations, I often see those suffering having to jump through hoops so insurance will pay for services. Telehealth is a great option for many patients, and through this last year, my patients have been able to continue making great therapeutic progress and attend more appointments with less anxiety.

In particular, working with trauma survivors in an environment outside of their control is trying and causes an increase in symptoms. Allowing clients to work through complex issues in the safety of their own home has been a huge benefit. Any steps to help them reestablish safety adds momentum to trauma processing and the therapeutic relationship. I feel telehealth adds a great option for the health community and strongly support it becoming a regular option for patients and covered by all insurances.

To this end, I strongly support the passage of HB 2508. I greatly appreciate its introduction by the Chair and sponsorship from my Representative Rep. Alonso Leon.

Thank you for taking up this important issue.

A handwritten signature in green ink that reads "Annaliese D. Ellsworth". The signature is fluid and cursive.

Annaliese Ellsworth, MSW, LCSW

House District 22

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