

Physicians
Committee
for Responsible Medicine

ONA Oregon
Nurses
Association
Voice of Oregon Nurses Since 1904

kate farms®

Eastern Oregon
HEALTHY
LIVING
ALLIANCE

nw
veg


HUMANE
VOTERS
OREGON


Eugene Veg Education
Network (EVEN)


fullcellar
FARM


GROWING GARDENS


UCVEG
umiqua community veg education group


Friends of
the Earth


FARM FORWARD


ANIMAL LEGAL
DEFENSE FUND

amsa
American Medical Student Association


Better
FOOD
FOUNDATION


SWITCH4GOOD
S4G
LIVE BETTER. DO MORE. DAIRY-FREE.


CENTER for
BIOLOGICAL
DIVERSITY

OREGON
PSR
PHYSICIANS
FOR SOCIAL
RESPONSIBILITY


Ahimsa Acres Educational Center


OPSO
OSTEOPATHIC PHYSICIANS
& SURGEONS OF OREGON


Oregon Justice
Resource Center
Advocate. Educate. Engage.


THE HUMANE SOCIETY
OF THE UNITED STATES

rediscover goodness
OLDWAYS
CULTURAL FOOD TRADITIONS


VegNet Bend

WILD
ROOTS FARM


PhARM
PHYSICIANS AGAINST RED MEAT

March 1, 2021

House Committee on Human Services
900 Court St. NE
Salem, Oregon 97301
Re: Support for HB 2348

Chair Williams, Vice-Chair Leif, Vice-Chair Ruiz, and Members of the Committee:

We, the undersigned, strongly support Oregon House Bill 2348, an important measure to ensure healthful meals for patients, families, and employees in Oregon hospitals and long-term care facilities, and for people who are incarcerated in Oregon prisons. It will ensure that all Oregonians in these facilities have access to foods that promote good health.

In addition to restoring health when disease has struck, hospitals serve a key educational function for preventing future illnesses. It was in this spirit that every hospital in America banned smoking a generation ago. Like tobacco habits, food habits play major roles in the risk of cancer, heart disease, and other health conditions, and hospitals that model healthful food choices help their clientele stay healthy into the future. Food choices are similarly crucial in prisons, as obesity and chronic disease rates remain high among people who are incarcerated. In addition, people of color are disproportionately represented in the incarcerated population and also suffer disproportionately from diet-related diseases, such as diabetes and hypertension, that can be mitigated through plant-based diets.

In 2017, the American Medical Association developed new hospital food guidelines, aiming to engage hospitals in the effort for better nutrition to fight cancer and cardiovascular disease. The AMA guidelines call for offering plant-based options daily, among other helpful measures to help patients get on a healthier path. The American College of Cardiology adopted similar guidelines. These guidelines are equally applicable to the prison setting. The next step is to implement them. House Bill 2348 is a simple, straightforward, and affordable measure that will mean that every hospital patient, family member, and employee, and every incarcerated person will have access to healthful plant-based foods, and that these institutions will be strong allies for a healthful recovery.

John Adams,
Executive Director
Oregon Healthy Living Alliance

Cynthia Ambres, MD
Chief Medical Officer
KateFarms

American Medical Student Association

Animal Legal Defense Fund

Sara Baer-Sinnott
President
Oldways

Neal Barnard, MD, FACC
President
Physicians Committee for Responsible
Medicine

Dotsie Bausch
Executive Director
Olympic Medalist
Switch 4 Good

Better Food Foundation

Thomas Bosch, PhD, RDN, LDN
Eugene, OR
Bosch Nutrition LLC

Eric Colgrove, MD, FAAP
Eugene, OR

Mary Columbo
Wild Roots Farm

Emily Cooper
Owner
Full Cellar Farm

Mark Dolan, MD
Orthopedic Surgeon
Salem, OR

Robyn Dreibelbis, DO, FACOFP
Lebanon, OR

Farm Forward

John E. Gobble, DrPH, RDN, LD, FACLM
Lifestyle Medicine Group

Chris Goeser, MD
Salem, OR

Orestes Gutierrez, DO, DABFM, DABIHM
Eugene, OR

The Humane Society of the United States

Humane Voters: Oregon

Barry Jarvis, MD
Eugene, OR

Ruthmarie Lavezzo, RD LDN, MPH, CDE
Chief Clinical Dietitian
Wallowa Memorial Hospital

Jaclyn Leeds
Executive Director
NW Veg

Dale and Sandy Lugenbehl
Ahimsa Acres Educational Center
Cottage Grove, OR

Michael J. Martin, MD, MPH, MBA
Founder & President
Physicians Against Red Meat (PhARM)

Michael Metzler, MD, PhD
Portland, OR

Karen A. Mills, JD, RDN, LD
The Healthy Culture LLC

Jennifer Molidor
Senior Food Campaigner
Center for Biological Diversity

Oregon Justice Resource Center

Oregon Nurses Association

Oregon Physicians for Social
Responsibility

Juliete Palenshus
Executive Director
UC Veg

Judy Petullo
VegNet Bend
All Things Vegan Radio

Stephanie Polizzi, MPH, RDN, DipACLM
Charles Ross, DO
Westfir, OR

Lin Silvan
Executive Director
Eugene Veg Education Network (EVEN)

Jason Skipton
Executive Director
Growing Gardens

Cordell Smith, DPM
Podiatric Physician & Surgeon
Roseburg, OR

Janice Stanger, PhD
Eugene, OR

Sudeep Taksali, MD
Salem, OR

Scott Wagnon, PA-C
Internal Medicine
Eugene, OR

David Walls
Executive Director
Osteopathic Physicians and Surgeons of
Oregon (OPSO)

Chloe Waterman
Program Manager
Friends of the Earth