

I am a severe tbi survivor and professional in the field of mental health. Coming from this background, I can say definitively that tbi survivors experience unique and complex challenges, one of which is their very understanding of who they are. So there is no one size fits all approach to recovery. Research shows likewise that significant progress in recovery is correlated with a survivor's opportunity to take a primary role in both designing their recovery as well as assessing their gains and struggles. A board such as proposed by sb700 would go a long way in providing survivor's with tools and information to participate in their own successful journeys of recovery!