Mental Health Regulatory Agency – Workforce Data 2021

Source: Health Care Workforce Reporting Program (2020). *Oregon's health care workforce: Suppy and profiles*. Interactive display accessed 02/01/2021. Portland, OR: Oregon Health Authority. <u>https://go.usa.gov/xvn3Z</u>

Overview: The Health Care Workforce Reporting Program (HWRP) collaborates with 17 health licensing boards to collect data on health care professionals in Oregon. Over 150,000 professionals in more than 35 occupations are surveyed when renewing their license. Information is gathered on demographics and practice details including hours worked each week, specialty and future plans. The HWRP uses this data from renewing licensees to estimate supply at the state and county levels and to inform educational investments and policy recommendations.

Licensed professionals in Oregon by workforce and occupation for 2020 *Hover over the chart to view measures over time.*

Knowing the equivalent number of professionals practicing full-time (FTE) in direct patient care is essential to determining workforce supply for state planning purposes. The estimated direct patient care FTE for each occupation is calculated from the estimated number of practicing professionals and self-reported percentage of time spent in direct patient care. Direct patient care FTE is a subset of practicing professionals which is a subset of licensed professionals.

		1	10	100	1,000	10,000	100,000
Nursing	Registered nurses						59,778
	Certified nursing assistants					1	8,640
	Licensed practical nurses					5,644	
	Nurse practitioners					4,735	
	Certified registered nurse anesthetists				666		
	Clinical nurse specialists			1	73		
Medical	Physicians					1	7,216
	Physician assistants					2,224	
	Acupuncturists				1,	588	
	Podiatrists				215		
Pharmacy	Pharmacists					8,309)
	Certified pharmacy technicians					6,828	
Massage therapy	Licensed massage therapists					7,489	
Medical imaging	Medical imaging technologists					6,093	
Dentistry	Dental hygienists					4,314	
	Dentists						
Physical therapy	Physical therapists					5,364	
	Physical therapy assistants				1,4	419	
Counselors and therapists	Counselors & therapists					4,438	
Social work	Licensed clinical social workers					4,527	
	Clinical social work associates				1,03	5	
	Non-clinical social workers				252		
Chiropractic	Chiropractic physicians				1	,720	
	Chiropractic assistants						
Speech-language	Speech-language pathologists				2	2,052	
pathology and audiology	Audiologists				311		
	Speech-language pathology assistants				238		
Occupational therapy	Occupational therapists					2,410	
	Occupational therapy assistants				579		
Psychology	Psychologists				1	,894	
Respiratory therapy and	Respiratory therapists				1	,881	
polysomnography	Polysomnographic technologists				299		
Naturopathy	Naturopathic physicians				1,08	38	
Dietetics	Licensed dietitians				986		
Optometry	Optometrists				822		
		1	10	100	1,000	10,000	100,000

Board of Licensed Professional Counselors & Therapists

Direct patient care FTE of Counselors & therapists by county in 2020

The darker the blue, the more direct patient care FTE in county. If counties are red, then there are no Counselors & therapists with primary practices in that county.





Estimates over time for Counselors & therapists: Hover over the charts to view percent change over time.



Statewide:

Baker 16,820 6 4.5 3,738 Benton 94,360 100 43.5 2,167 Clackamas 423,420 370 170.7 2,480 Columbia 52,750 11 4.7 11,126 Coos 63,290 45 21.1 3,003 Crook 23,440 10 5.7 4,108 Curry 23,000 6 4.4 5,235 Deschutes 193,000 263 130.9 1,474 Douglas 112,250 35 19.7 5,700 Gilliam 1,990 0 0.00 - Grant 7,360 2 0.4 16,584 Harney 7,360 4 2.3 3,170 Jackson 221,290 237 111.0 1,994 Jefferson 23,840 11 7.0 3,385 Josephine 86,750 66 29.7 2,924 Lane 378,880		Population-to- provider ratio	Direct patient care FTE	Number estimated practicing	Population	County
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2020 county and statewide estimates for Counselors & therapists

Note: Shapes indicate whether county has no providers (red square), is above (yellow triangle) or below (green circle) the statewide ratio by 50%.

Population-to-provider ratios are based on the estimated patient care FTE in the county. Values greater than county populations are due to less than 1.0 FTE in county.

Number of licensed professionals: Includes all health care professionals who are licensed to practice in Oregon by an Oregon licensing board. Includes health care professionals who may not be active and new licensees who have not yet renewed their license (so have not taken the HWRP survey).

Number of estimated practicing professionals: Estimated by multiplying the total number of licensed professionals in Oregon by the active practice rate. The active practice rate is the percentage of licensed professionals who actively practice in Oregon. We assume that new licensees practice at the same rate as renewing licensees.

Full time equivalent or FTE: Because not all professionals work full-time, the equivalent number of professionals available full-time for each occupation is estimated by multiplying the number of estimated practicing professionals by average FTE for occupation. FTE is calculated based on the total hours worked per week for each licensee and then averaged over all active licensees in the occupation.

Direct patient care FTE of professionals: Because professionals do not spend all of their time in direct patient care, the equivalent number of professionals providing full-time direct patient care is estimated by multiplying the number of estimated practicing professionals by the average direct patient care FTE for the occupation. Average direct patient care FTE is calculated based on the total hours worked per week for each licensee and percent of time reported in direct patient care and then averaged over all active licensees in the occupation.

Population-to-provider ratios: Estimated by dividing the total number of individuals in the population (at either the state or county level) by direct patient care FTE in the same area. Direct patient care FTE in the county is calculated based on direct patient care FTE at the statewide level and the number of active professionals practicing in the county.

Counselors & therapists practicing in Oregon in 2020

Hover over charts for more details.



Teaching Research Other

Hours worked per week o	on average	30.8		
Worked at least 40 hours per week		43.0%		
How they spend their time				
Direct patient care		64.5%		
Management	20.2%			

nt	20.2%
	6.5%
	2.1%
	6.7%

Top practice settings

Weekly hours

Private outpatient practice/clinic		60.2%
Community/school based health center	9.1%	
Hospital: outpatient	2.7%	
Public health department	2.5%	
Educational or research institution	2.4%	

Number of years licensed in Oregon



Practice plans in the next two years

Maintain practice hours as is	71.8%	
Reduce practice hours	6.3%	
Increase practice hours	10.7%	
Move to another practice location in OR	5.3%	
Other future plans	1.7%	
Leave the OR workforce	4.0%	

Top practice specialties

Clinical mental health	30.5%
Trauma	11.2%
Couples & family	10.2%
Childhood and adolescence	10.2%
Mental health/agency counseling	9.1%
Addictions and dependency	5.5%

Board of Psychology

Direct patient care FTE of Psychologists by county in 2020

The darker the blue, the more direct patient care FTE in county. If counties are red, then there are no Psychologists with primary practices in that county.





Estimates over time for Psychologists: Hover over the charts to view percent change over time.



County	Population	Number estimated practicing	Direct patient care FTE	Population-to- provider ratio	
Baker	16,820	1	1.2	13,514	Δ
Benton	94,360	58	32.7	2,885	
Clackamas	423,420	166	86.4	4,901	
Clatsop	39,330	6	2.9	13,563	Δ
Columbia	52,750	2	1.0	54,703	$\overline{\Delta}$
Coos	63,290	2 2 2	1.3	47,592	A
Crook	23,440	2	1.2	19,446	$\overline{\Delta}$
Curry	23,000	4	1.6	13,955	T
Deschutes	193,000	67	35.8	5,392	_
Douglas	112,250	9	4.0	28,350	Δ
Gilliam	1,990	0	0.0	-	
Grant	7,360	0	0.0	-	
Harney	7,360	0	0.0	-	
Hood River	25,480	8	5.5	4,627	_
Jackson	221,290	61	32.3	6,847	
Jefferson	23,840		0.8	28,431	Λ
Josephine	86,750	1	3.0	28,964	T
Klamath	68,190	3	1.4	47,315	T
Lake	8,080	3 1	0.1	68,523	Â
Lane	378,880	204	93.2	4,063	-
Lincoln	48,260	4	2.3	20,988	۸
Linn	126,550	19	10.1	12,565	T
Malheur	32,030	1	0.6	50,931	$\overline{}$
Marion	347,760	148	62.6	5,560	-
Morrow	12,680	0	0.0		
Multnomah	821,730	673	332.0	2,475	-
Polk	82,940	9	2.6	31,779	۸
Sherman	1,770	0	0.0		
Tillamook	26,500		0.1	202,262	X
Umatilla	81,160	1 8	4.9	16,492	X
Union	26,840	4	1.0	27,097	X
Wallowa	7,150	Ó	0.0	,,,,,,,,	
Wasco	27,240	2	1.7	16,307	X
Washington	613,410	275	127.2	4,823	-
Wheeler	1,440	0	0.0	4,020	
Yamhill	108,060	50	19.7	5,477	-
Oregon	4,236,400	1,703	869.4	4,873	

2020 county and statewide estimates for Psychologists

Note: Shapes indicate whether county has no providers (red square), is above (yellow triangle) or below (green circle) the statewide ratio by 50%.

Population-to-provider ratios are based on the estimated patient care FTE in the county. Values greater than county populations are due to less than 1.0 FTE in county.

Number of licensed professionals: Includes all health care professionals who are licensed to practice in Oregon by an Oregon licensing board. Includes health care professionals who may not be active and new licensees who have not yet renewed their license (so have not taken the HWRP survey).

Number of estimated practicing professionals: Estimated by multiplying the total number of licensed professionals in Oregon by the active practice rate. The active practice rate is the percentage of licensed professionals who actively practice in Oregon. We assume that new licensees practice at the same rate as renewing licensees.

Full time equivalent or FTE: Because not all professionals work full-time, the equivalent number of professionals available full-time for each occupation is estimated by multiplying the number of estimated practicing professionals by average FTE for occupation. FTE is calculated based on the total hours worked per week for each licensee and then averaged over all active licensees in the occupation.

Direct patient care FTE of professionals: Because professionals do not spend all of their time in direct patient care, the equivalent number of professionals providing full-time direct patient care is estimated by multiplying the number of estimated practicing professionals by the average direct patient care FTE for the occupation. Average direct patient care FTE is calculated based on the total hours worked per week for each licensee and percent of time reported in direct patient care and then averaged over all active licensees in the occupation.

Population-to-provider ratios: Estimated by dividing the total number of individuals in the population (at either the state or county level) by direct patient care FTE in the same area. Direct patient care FTE in the county is calculated based on direct patient care FTE at the statewide level and the number of active professionals practicing in the county.

Psychologists practicing in Oregon in 2020

Hover over charts for more details.



32.2

49.2%

Worked at least 40 hours per week

Hours worked per week on average

Weekly hours

How they spend th	eir time	
Direct patient care		63.0%
Management	16.5%	
Teaching	7.5%	
Research	3.7%	
Other	9.3%	

Top practice settings

 Private outpatient practice/clinic
 63.4%

 Educational or research institution
 9.2%

 Hospital: inpatient
 4.4%

 Community/school based health center
 4.2%

 Military or VA health facility
 2.7%

Number of years licensed in Oregon



Practice plans in the next two years

Maintain practice hours as is	74.0%
Reduce practice hours	8.7%
Increase practice hours	7.7%
Move to another practice location in OR	4.4%
Other future plans	1.7%
Leave the OR workforce	3.4%

Top practice specialties

Psychotherapy/counseling	18.5%
Psychological evaluations/assessments	13.3%
Children/adolescents/young adults	11.3%
Anxiety disorders	10.0%
Abuse/trauma/PTSD	9.5%
Depression or other mood disorders	9.3%