

# Full Count

FRIENDS OF BASEBALL

## PROGRAM THEME 1

### FUN & FRIENDSHIP

- Create camp team and names
- Team-building activities
- Intro to baseball-inspired games

## PROGRAM THEME 2

### LITERACY & HISTORY

- Learn about baseball legends and their impact on history and civil rights
- Mobile Library: Baseball Stories

## PROGRAM THEME 3

### SCIENCE & MATH

- Activities and lessons and physical drill on the numbers and physics of the game

OPEN TO BOYS AND GIRLS AGE 7-11  
FOR BEGINNERS, NO BASEBALL  
EXPERIENCE/GEAR REQUIRED

### After school program features:

- Baseball fundamentals with focus on fun for beginners
- More than the 60 minutes of daily recommended physical activity with expert trainers
- Academic/Social themes and enrichments covering topics like math, history, science, and art
- Small student to coach ratio to focus on supportive, mentoring relationships

## PROGRAM THEME 4

### ART & CREATIVITY

- Culturally-specific artist-in-dugout
- Hands-on activities that explore baseball through art and imagination

## PROGRAM THEME 5

### GAME TIME

- Weekly wiffle ball game
- Family invited for final scrimmage

GREAT OPTION FOR SUN  
SCHOOLS OR SCHOOLS  
LOOKING FOR ACTIVE  
ENRICHMENTS FOR STUDENTS

FOR COMPLETING PROGRAM, PARTICIPANTS RECEIVE A FULL COUNT KIT INCLUDING:  
Cinch Bag with jersey tee, FOB Swing for the Fences hat, water bottle, wiffle ball and baseball glove



WANT FULL COUNT AT YOUR SCHOOL OR SUMMER PROGRAM  
Inquire with Molly Newcomer at [molly@friendsofbaseball.org](mailto:molly@friendsofbaseball.org) or 503-913-4095

LEARN MORE AT:

<http://www.friendsofbaseball.org/full-count.html>