

Heidi Elliott

Testimony for KCPA (Kratom Consumer Protection Act)

February 3, 2020, 3pm. in HR E

House Bill 4013

My name is Heidi Elliott. I am a Portland, OR resident with a pet care business and I lead an active life. I also suffer from a variety of health ailments including two autoimmune diseases that leave me feeling lethargic, fatigued, and achy. Regardless, I still feel the need to maintain my physical health to the best of my ability. Kratom happens to be one of the supplements I take on a regular basis that helps me to get through exhausting physically demanding work and allows me to maintain enough energy to get to the gym 4-6 x/week.

6-7 years ago I discovered kratom in an herbal supplement store. They were selling it in bulk, no labels in made to order quantities. As I did a bit of research on kratom, which is where I learned that you really need to make sure that your kratom vendors are testing their products for heavy metals and pathogens that could cause illness, I soon discovered a couple vendors that ensured tested products and refused to sell anything to the public if it came back with negative test results. These vendors will show customers their tests if they are curious about them. Since then these vendors have gone the extra mile to become GMP compliant (Good Manufacturing Practices) and use a clean room to package their product, use labels and packaging consistent with GMP regulations. In the 6-7 years I have supplemented with kratom I have not experienced any negative side effects. I have blood work done every 3-6 months and I have no issues other than what existed before I began taking kratom.

We are here today to support the KCPA (Kratom Consumer Protection ACT) which will ensure that people supplementing with kratom will have access to pure, clean, unadulterated kratom that is labeled and packaged properly and consistent with GMP guidelines. We also want to keep it out of the hands of minors, who are often irresponsible and will go so far as to give kombucha a bad name.

Kratom has been a life changer for myself and millions of other responsible adults. I just want to encourage you and thank you all for supporting Kratom Consumer Protection Act!