

Good evening,

I have worked in healthcare as a Physical Therapist for over 10 years. I am well-acquainted our nation's need for healthier lifestyles, which include healthy diets and adequate exercise, for the reduction in the prevalence of many chronic diseases and the promotion of wellness in today's society.

I support measures and practices that promote access to healthy, whole food, plant based meals in our communities, especially for some of our most vulnerable populations. From my understanding, *HB 3342-A* will be do just that.

This type of eating has been shown to have numerous health benefits and to reduce the environmental impacts of our food production systems, thus creating a cleaner planet with more protection for nature ecosystems and biodiversity. Please support increasing access to healthy, whole food, plant based meals.

Thank you for your time and consideration.

Sincerely,

Patricia Tedrick, PT, DPT, CCS, CSCS