

House Committee on Human Services and Housing
900 Court St NE, Salem, OR 97301
Salem, OR 97301

April 3, 2019

Dear Chairperson Keny-Guyer, Vice Chair Noble, Vice Chair Sanchez and Committee

Thank you for your consideration of HB 3342 and this opportunity to provide written testimony.

My name is Kristina Van Nuys and I am a third year medical student at Western University, College of Osteopathic Medicine of the Pacific-Northwest (COMP-Northwest). At COMP-Northwest, I have had the opportunity to lead a research project based on the importance of having nutrition curriculum incorporated into the medical school education.

I, along with my colleagues designed and managed a week-long camp for children ages 7-13 to teach them how their diet impacts their health and how to cook a plant-based diet. Additionally, I have worked in the community with teen parents on nutrition programs to help them incorporate a healthy diet for themselves and their infants.

Through my experiences, I have seen a direct impact on how education and access to healthy food can prevent the development of chronic disease and help people take an active role in promoting their own health. House Bill 3342 will be one step to improving the health of Oregonians by ensuring that whole food, plant based meals are more accessible and encourage healthy eating habits.

Please support House Bill 3342.

Sincerely,

Kristina Van Nuys, OMS III