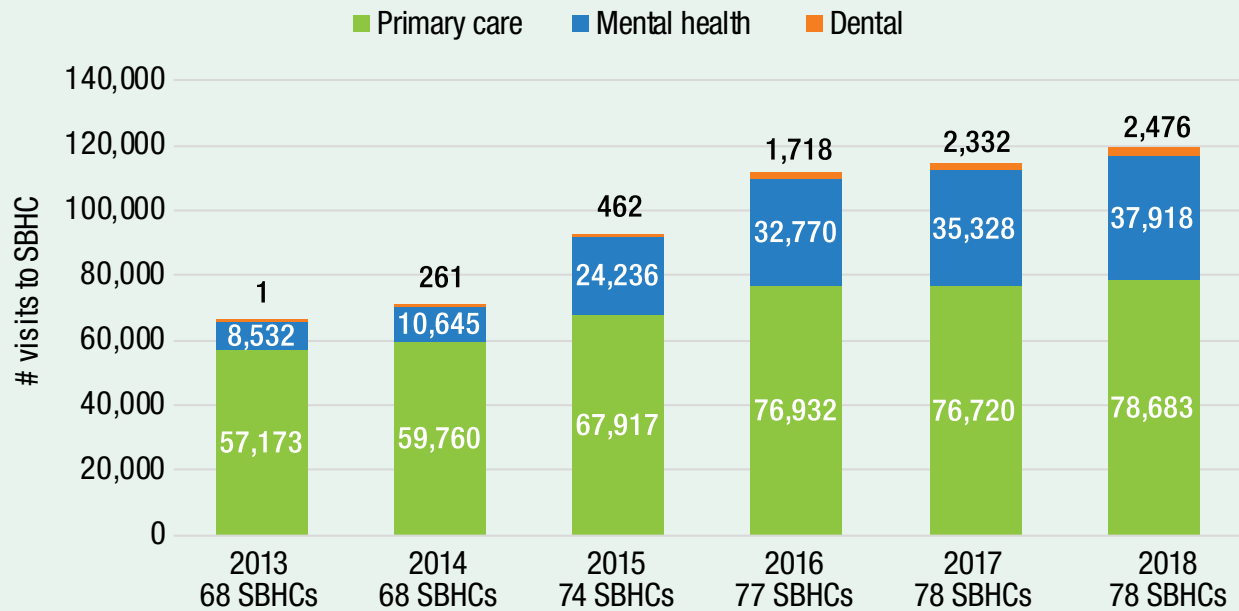


Figure 10. Oregon SBHC visits, by provider type, school years ending 2013-2018,

Oregon SBHC Encounter Data



What SBHCs are doing

SBHCs provide youth-friendly accessible care to all students in the school regardless of ability to pay, insurance status, race, color, national origin, religion, sex, gender identity, gender expression, immigration status, sexual orientation and disability. SBHCs play a key role in supporting health equity among child and adolescent populations experiencing health disparities.

Students access SBHCs for a variety of reasons. Each of those visits present opportunities to support the overall health of a young person. The following section highlights SBHCs' activities related to well visits, behavioral health, youth sexual health and youth engagement.

Well visits

Adolescence is a key transition period in life during which youth develop physically, emotionally and cognitively. The American Academy of Pediatrics Bright Futures initiative recommends that providers use the annual well visit to assess a young person's physical, mental and social health.

- 42% of SBHC clients ages 5–21 received a well visit during 2017–18 (Figure 11).



Figure 11. Percent of SBHC clients receiving a well visit, by age, school years ending 2014–2018,

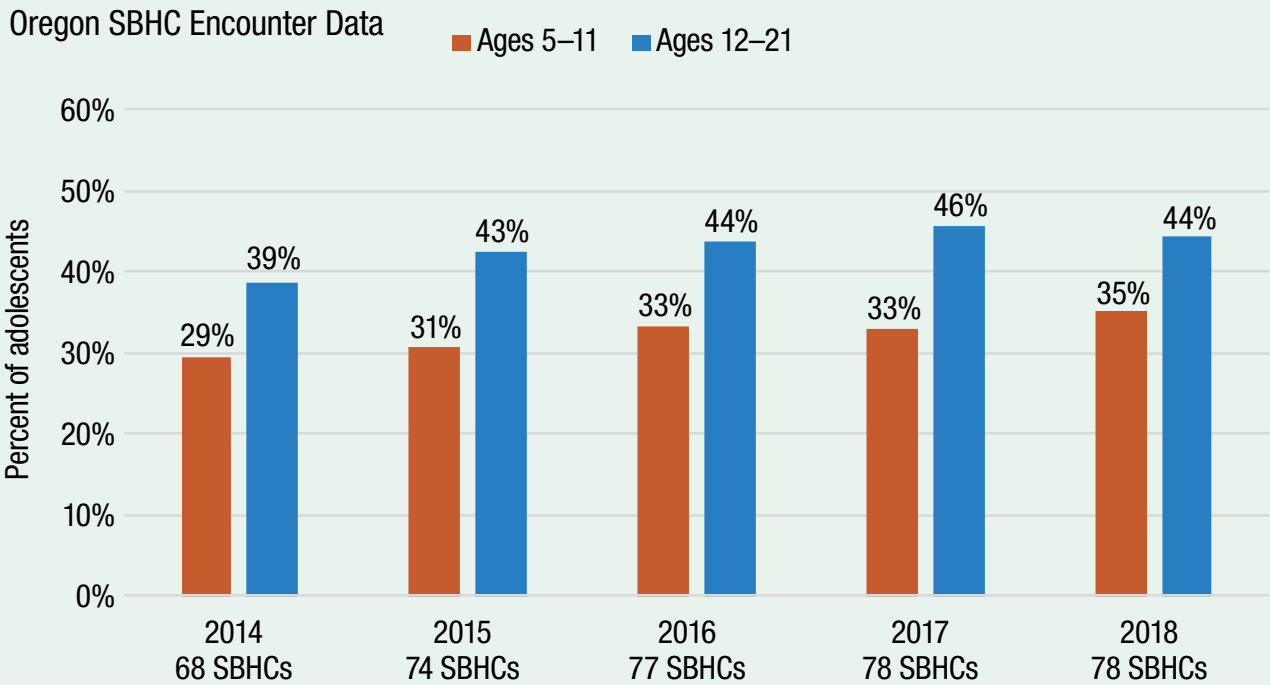


Figure 12. Percent of SBHC clients receiving a well visit, ages 12–21, by race/ethnicity,

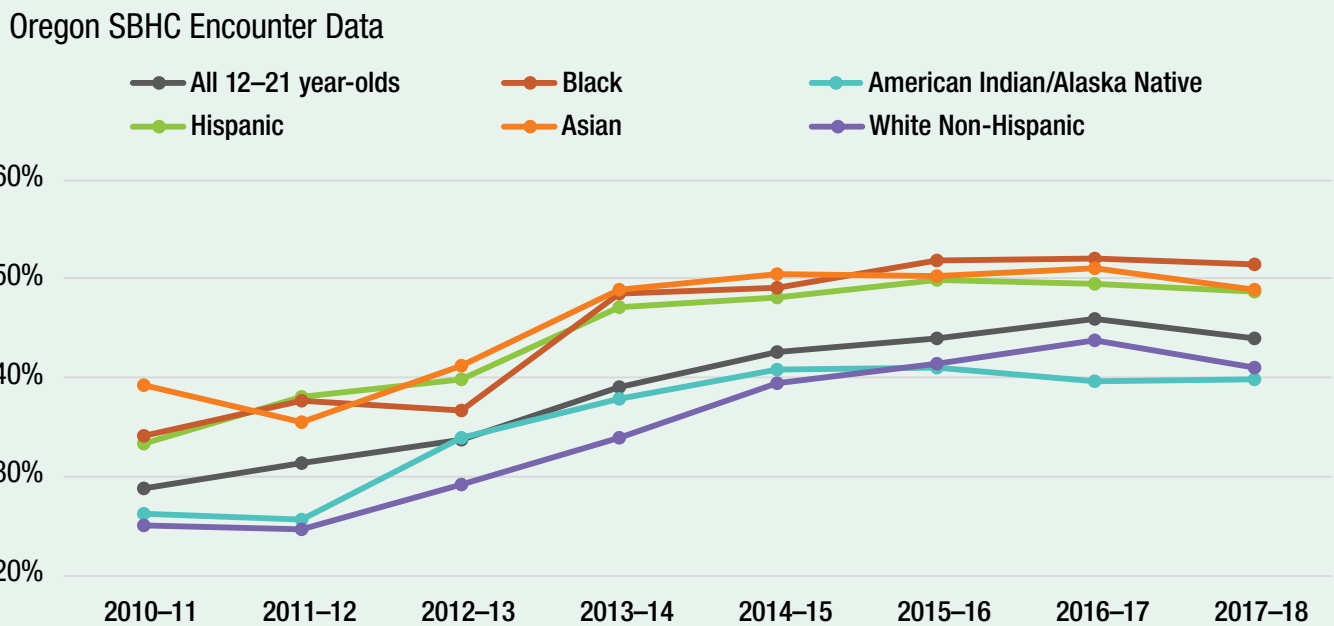
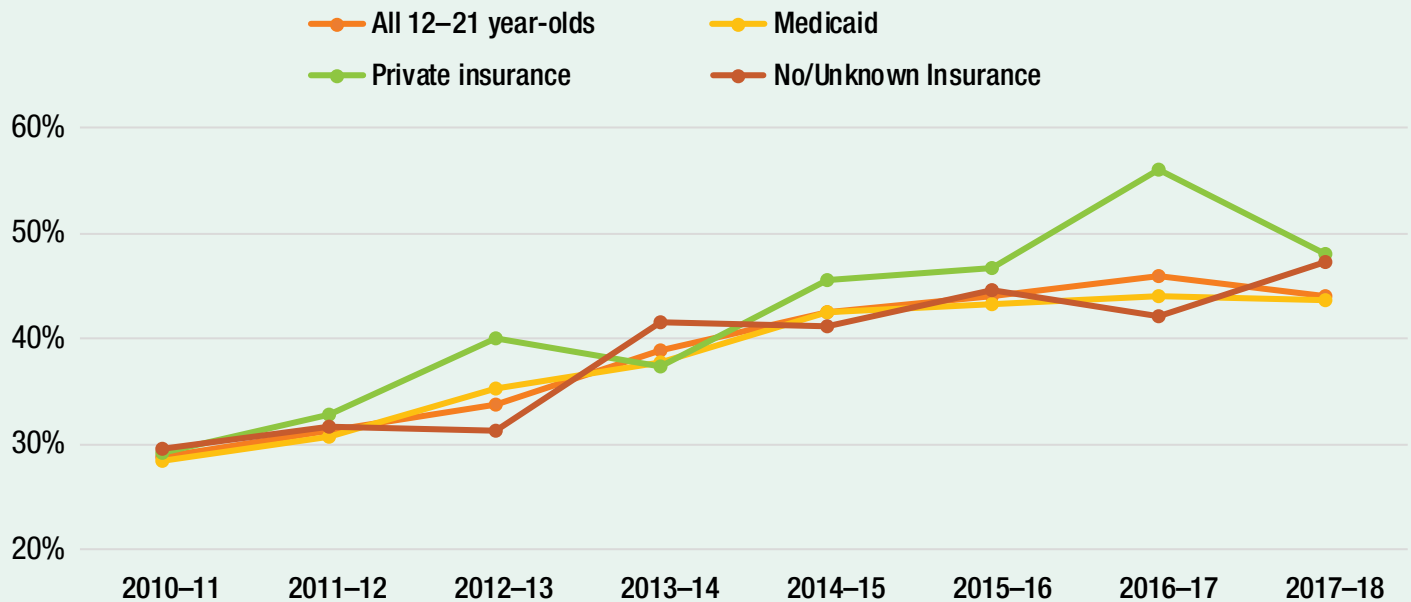


Figure 13. Percent of SBHC clients receiving a well visit, by insurance status, ages 12–21, school years ending 2011–2018,

Oregon SBHC Encounter Data



Increasing the number of adolescents receiving a preventive well visit is a national and state priority. The adolescent well visit is one of Oregon’s CCO incentive metrics. State SBHC funds and federal Title V Maternal and Child Health Block Grant funds support efforts to increase the number of adolescents receiving a preventive well visit. Statewide, the percent of children and youth receiving well visits continues to improve both within SBHCs and across the state Medicaid population.

To reach specific populations in the community, some SBHCs have hired clinical staff that represent the racial demographics of the community. Other SBHCs attempt to meet the needs of the Spanish speaking community by hiring only bilingual office and medical assistants.

One successful strategy that SBHCs use to increase the annual well visit is converting a sports physical into a more comprehensive well visit. SBHCs encourage student athletes to complete both a well visit and sports physical at the same time. This maximizes time spent and information shared:

- By parents
- During a pre-visit questionnaire, and
- During the physical exam.

This coordination helps limit a student's absence from school and sports. It also ensures that provided health care covers all aspects of a student's health during a well visit or sports physical. In 2017–18, 49% of sports physicals for SBHC clients ages 5–21 had a well visit component.

Behavioral health*

In 2017, the Oregon Legislature dedicated \$6.4 million to continue its investment in SBHC behavioral health capacity during the 2017–2019 biennium. Most of this funding helped increase behavioral health capacity at Oregon SBHCs. An additional \$650,000 supported youth-led behavioral health-focused projects to help reduce mental health stigma and promote student resiliency at SBHC host schools. SBHCs have greatly increased their behavioral health staffing since the initial 2013 legislative investment in school mental health. As a result, SBHCs have experienced large increases in youth seeking and receiving behavioral health services.

*The health center is
a great place to get a
checkup when at school!*

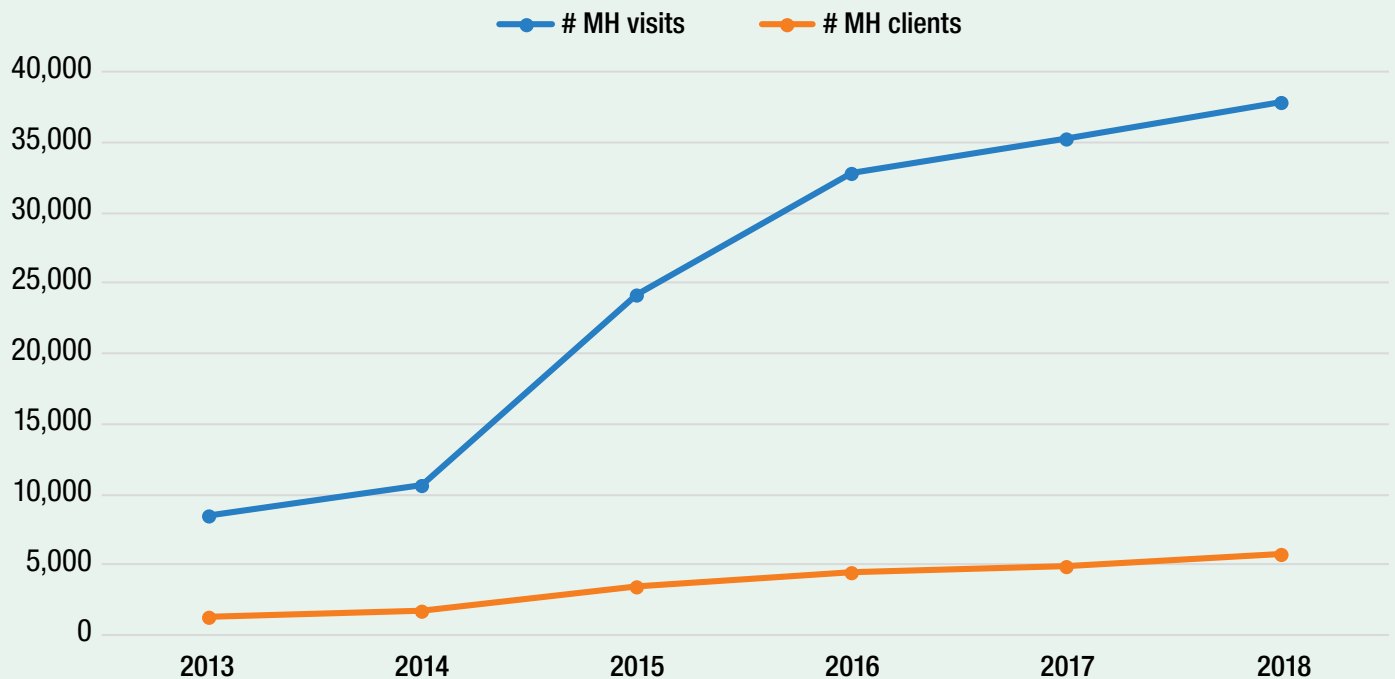
-SBHC client

SBHC mental health services:

- Individual counseling
- Group counseling
- Family therapy
- Substance use disorder screening/assessment
- Depression/suicide screening
- Classroom prevention education

* In this report, the term “behavioral health” is intended to include mental health and substance abuse.

Figure 14. SBHC trends in number of behavioral health visits and clients, school years ending 2013–2018



All Oregon certified SBHCs currently have some level of behavioral health staffing on-site. SBHC Mental Health Expansion grants funded many of these positions.

To reduce health disparities experienced by specific populations, some SBHCs have used the mental health grant funding to hire therapists to provide culturally specific services. For example, Multnomah County hired a therapist to serve the Asian Pacific Islander community, and a therapist in Washington County provides services to the Latinx community.

During the 2018–2019 school year, the Mental Health Expansion grant funded:

- Forty-six behavioral health full-time equivalents (FTEs) in 55 SBHCs in 25 counties
- Sixteen SBHCs Mental Health Youth Advisory Council grants

Other trends:

- Behavioral health visits to SBHCs have more than quadrupled since 2013. Of all SBHC visits in 2017–2018, 32% of all SBHC visits were to a behavioral health provider.
- 25% of behavioral health clients were Hispanic.
- 57% of behavioral health clients were White, non-Hispanic.
- 28% of school-aged behavioral health clients also received a well visit in the SBHC.
- Top five behavioral health diagnoses*
 - » Stress/adjustment disorders
 - » Major depressive disorder
 - » Anxiety disorders
 - » Persistent mood disorder
 - » Attention-deficit hyperactivity disorders

Even with these advancements in SBHC behavioral health services, there is still work to be done. The SPO continues to support the integration of primary care and behavioral health within the SBHCs and promote partnerships with school staff. Many mental health providers report full caseloads and schedules, showing that unmet needs remain. Provider recruitment to serve specific populations can be challenging. Additionally, SBHCs report roadblocks in billing for behavioral health services for both Medicaid and private insurers.

Our SBHC MH provider started a weekly Girls Group that focuses on building relationships with peers. Most of these students deal with anxiety, so they often focus on anxiety reduction. The support that they've obtained from each other has been really inspiring: They have been vulnerable with each other and support each other. The MH provider has been really in awe of their growth and the depth of their connection.

-SBHC Coordinator

* Multiple diagnoses can occur within the same visit.

Appendix A: SBHC medical sponsor list, 2018-2019

County name	SBHC school name	Medical sponsor
Baker	Baker High School	Baker County Health Department
Benton	Lincoln Elementary School†	Community Health Centers of Benton and Linn Counties*
	Monroe Grade School†	Community Health Centers of Benton and Linn Counties*
Clackamas	Estacada High School	Orchid Health
	Milwaukie High School†	Outside In*
	Oregon City High School	Clackamas County Health Centers*
	Rex Putnam High School	Clackamas County Health Centers*
	Sandy High School	Clackamas County Health Centers*
Columbia	Clatskanie Middle/High School	Columbia Health Services
	Rainier Jr/Sr High School†	Columbia Health Services
	Lewis and Clark Elementary School†	Columbia Health Services
	Vernonia K-12	Columbia Health Services
Coos	Marshfield High School†	Waterfall Community Health Center*
Crook	Pioneer High School†	Mosaic Medical*
Curry	Brookings Harbor High School	Curry Community Health
Deschutes	Bend Senior High School	Mosaic Medical*
	Ensworth Elementary School	Mosaic Medical*
	LaPine K-12†	La Pine Community Health Center*
	M.A. Lynch Elementary School	Mosaic Medical*
	Redmond High School	Mosaic Medical*
	Sisters High School	St. Charles Health System
Douglas	Roseburg High School	Umpqua Community Health Center*
Grant	Grant Union High School	Grant County Health Department
Hood River	Hood River Valley High School	One Community Health*
Jackson	Ashland High School†	Rogue Community Health*
	Butte Falls Charter School†	Rogue Community Health*
	Crater High School†	La Clinica*
	Eagle Point High School†	Rogue Community Health *
	Hanby Middle School	La Clinica*
	Jackson Elementary School†	La Clinica*
	Jewett Elementary School†	La Clinica*
	Oak Grove Elementary School†	La Clinica*
	Phoenix Elementary School†	La Clinica*
	Scenic Middle School†	La Clinica*
	Table Rock Elementary School	Rogue Community Health*
	Washington Elementary†	La Clinica*
White Mountain Middle School	Rogue Community Health*	
Jefferson	Madras High School	Mosaic Medical*

Excerpt from Oregon School-Based Health Centers 2019 Status Report

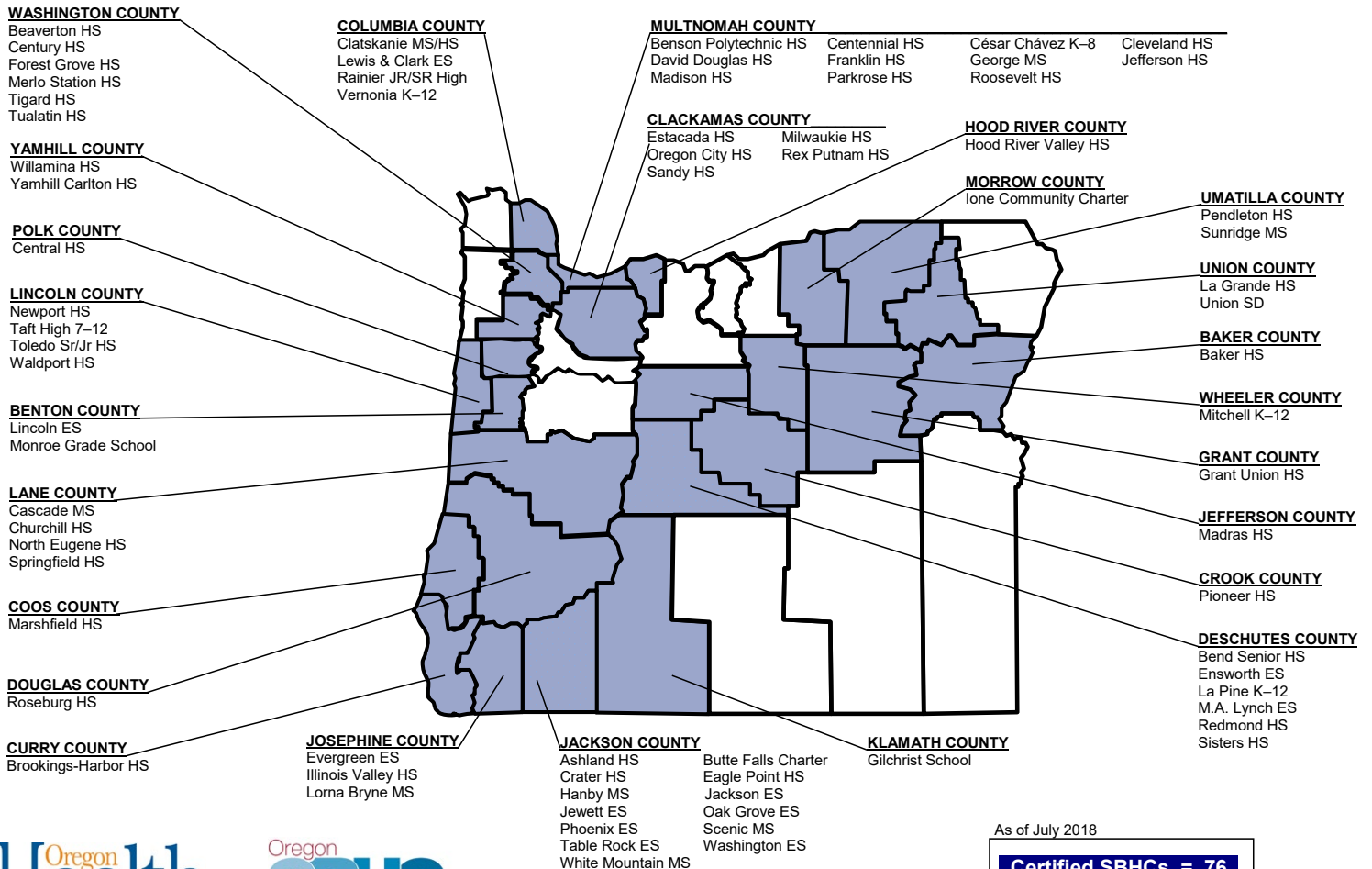
County name	SBHC school name	Medical sponsor
Josephine	Evergreen Elementary School†	Siskiyou Community Health Center*
	Illinois Valley High School†	Siskiyou Community Health Center*
	Lorna Byrne Middle School†	Siskiyou Community Health Center*
Klamath	Gilchrist School†	La Pine Community Health Center*
Lane	Cascade Middle School	Bethel Health Center/PeaceHealth Medical Group
	Churchill High School	PeaceHealth Medical Group
	North Eugene High School	PeaceHealth Medical Group
	Springfield High School†	Community Health Centers of Lane County*
Lincoln	Newport High School	Lincoln County Health & Human Services*
	Taft High 7–12	Lincoln County Health & Human Services*
	Toledo Jr/Sr High School	Lincoln County Health & Human Services*
	Waldport High School	Lincoln County Health & Human Services*
Morrow	Ione Community Charter School	Morrow County Health District
Multnomah	Benson Polytechnic High School	OHSU Family Medicine Richmond*
	Centennial High School†	Multnomah County Health Department*
	Cesar Chavez K–8†	Multnomah County Health Department*
	Cleveland High School†	Multnomah County Health Department*
	David Douglas High School†	Multnomah County Health Department*
	Franklin High School†	Multnomah County Health Department*
	George Middle School†	Multnomah County Health Department*
	Jefferson High School†	Multnomah County Health Department*
	Madison High School†	Multnomah County Health Department*
	Parkrose High School†	Multnomah County Health Department*
	Roosevelt High School†	Multnomah County Health Department*
Polk	Central High School†	Salem Health
Umatilla	Pendleton High School	Columbia River Health*
	Sunridge Middle School	Columbia River Health*
Union	La Grande High School	Center for Human Development, Inc.
	Union School District	Center for Human Development, Inc.
Washington	Beaverton High School	Virginia Garcia Memorial Health Center*
	Century High School	Virginia Garcia Memorial Health Center*
	Forest Grove High School	Virginia Garcia Memorial Health Center*
	Merlo Station High School	Neighborhood Health Center*
	Tigard High School	Virginia Garcia Memorial Health Center*
	Tualatin High School	Virginia Garcia Memorial Health Center*
Wheeler	Mitchell School K–12	Asher Community Health Center*
Yamhill	Willamina High School†	Virginia Garcia Memorial Health Center*
	Yamhill Carlton High School	Yamhill Carlton School-Based Health Center

†State PCPCH recognized

*Indicates SBHC is a federally qualified health center site.

Appendix B: Oregon School-Based Health Center map

OREGON SCHOOL-BASED HEALTH CENTERS 2018



As of July 2018

Certified SBHCs = 76

■ Counties with certified SBHCs



PUBLIC HEALTH DIVISION
School-Based Health Center Program