

While I am all for *not* having to change clocks twice a year, I am absolutely NOT in favor of making Daylight Saving Time the permanent choice. It is frankly, unnatural and Ben Franklin knew that when he came up with idea. So we really want myriad school children waiting for buses in total darkness during the winter? And where is the benefit in losing track of time and working outside until 9:30 pm in the summer? or having to go to sleep in so much daylight? Excessive light is a proven sleep disrupter and black out curtains don't solve the problem when the light outside is so bright. Do we really need to add a population of sleep deprived people to our other social challenges?

If we're going to stop changing our clocks, please let's stick to Mother Nature's clock and remain on Pacific Standard Time.

Respectfully,

Jo Dhooghe
Dallas, OR