

March 1, 2019

Dear Health Committee Members,

I'm writing you in opposition to HB 3063; as a mother, an education facilitator, and a licensed professional. My children attend an online charter school and if this bill passes they will lose their right to a public education. An education and a community where they are thriving. My son is active in the schools robotics team and they meet every week. We are also active in our community and my children frequently visit the library, science museums, dance classes, public markets and parks. If passed this bill would limit funding and opportunities available to our children, but it would not impact our activity out and about in the community.

I personally experienced a severe vaccine reaction, before having kids, after being diagnosed with an autoimmune disease. My reaction was never reported to VAERS by my doctor. I have also learned that I carry a genetic polymorphism that leads me to be more susceptible to injury from vaccination. I suffered severe reactions to multiple prescription medications. On one occasion I lost the ability to walk within a few hours, after taking a migraine medication. A terrifying experience. These experiences opened my eyes to the very real dangers that can occur.

When I had my kids we wanted to space out their vaccines so that if they had a similar reaction we would be able to identify which vaccine was responsible. My first born's pediatrician bullied us into more vaccines than we were comfortable at every well visit. My child reacted to the vaccines after every single appt. In addition to being born with a single kidney and requiring daily antibiotics for the first 7 mos of his life, we were never told that we shouldn't vaccinate with him, while actively taking antibiotics, by our pediatrician. Something we later learned mattered. My son suffered from reflux and projectile vomiting as an infant. As he got older we started dealing with intense sensory issues. Our pediatrician advised waiting until he was 5 to give him his MMR vaccine. Something I wish we could go back and undo. My son suffered from severe anxiety and sensory processing issues., though dietary changes and stopping vaccination we have been able to reverse most of his symptoms. At birth my son was enrolled in a research study with Dr Fassano, a leading gastroenterologist. Cord blood at birth determined he has the genetic marker to develop the same autoimmune disease that I developed. My son has had all his vaccines minus one dose of his MMR. We will never choose to give him that dose as our experience has shown us that the risk to him far outweighs the benefit. According to the state my son requires an exemption. My son does not qualify for a medical exemption in Oregon.

After my daughter was born we found a new pediatrician who worked with us and respected our medical history. We gave her far fewer vaccinations and she had less severe reactions. At her 18 mos appt I was talked into giving her a 5 in 1 vaccine, by our pediatrician's PA. A decision I later regretted as my daughter reacted to this vaccine and then her beautiful brown curly hair, turned brittle and breaking. She looked like a baby who had been taking chemo. Our doctor was at a loss for what might be happening to her hair. I have since learned about aluminum toxicity and the fact that it can show up in the hair. Shortly after this point we stopped vaccinating both our children. My daughter also has shares the genetics for the same autoimmune disease and was also in the research study with Dr Fassano.

I have since done hundreds of hours of research, reading peer reviewed studies, vaccine inserts via the FDA website, compared Vaccine ingredients on the CDC website with the MSDA data, and researched the relationship between vaccines and autoimmunity. (<https://onlinelibrary.wiley.com/doi/book/10.1002/9781118663721>) I have also dug into research showing the latency period that between the time

that vaccines are administered and the time that symptoms appear. (<https://www.ncbi.nlm.nih.gov/pubmed/12947486>) It has only been after our personal experiences, conversations with our pediatrician and thorough research that we decided the best decision for our children was to stop vaccinating. We are a family that is pro-science. We live in the question and embrace curiosity. The health and well being of my children is my top priority and something I take very seriously. We embrace a lifestyle that supports building healthy immune systems for our children.

I strongly urge you to oppose HB 3063. It will not change the vaccination status for the most vulnerable populations in Oregon, but it will place a very real burden on their right to a public education.

SH.