

From: [Anthony Parla](#)
To: [Heather Parla](#)
Cc: [HHC Exhibits](#)
Subject: Re: Oppose HB3603
Date: Thursday, February 28, 2019 3:22:19 PM

I think it's perfect!

On Thu, Feb 28, 2019 at 1:09 PM Heather Parla <heatherparla@live.com> wrote:

To Whom It May Concern,

My name is Heather Parla and I am a mother of 5. I was blessed to grow up with a mother who was an avid learner and sought to learn everything she could about health and natural living. She fed us healthy unprocessed foods and relied on natural medicine to treat us when we were sick. She noted that we were healthier than our classmates and were hardly ever sick. As a mom, I have taken a similar approach and have chosen to feed my children unprocessed foods, pastured raised meats, and vegetables that are free of chemicals and pesticides. We have chosen to build up our children's immune systems with pro-biotics and natural supplements instead of vaccinating them. My kids are very healthy and do not get sick that often and have never suffered any serious illnesses. Our nation is currently in a health crisis and I believe that we must have the choice to focus on preventative health instead of relying on vaccines. I have been grateful to live in a country that has guaranteed the freedom to choose a healthier approach than vaccinations. You should not pass this bill because it takes away parents' rights to choose what is best for their children's health.

Sincerely,
Heather Parla

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Anthony Parla