

From: [Anushka Shenoy](#)
To: [HHC Exhibits](#)
Subject: Testimony re HB 3063
Date: Thursday, February 28, 2019 10:52:41 AM

Hello,

I am a psychiatry resident at OHSU and a mother of a six month old baby. I am currently living in fear of the measles outbreak. My daughter cannot yet be vaccinated against this disease that can result in death, hospitalization, long term respiratory consequences, and long term neurological and psychiatric sequelae. My husband and I have to decide each day whether the benefits of taking her to the park, the library, or daycare outweigh the risks.

Vaccinations are safe and effective. Studies purporting otherwise have been roundly discredited. We mandate that children wear seatbelts to protect them from fatal accidents, not because every child who gets in an accident would die without a seatbelt, but because seatbelts are a safe and effective intervention. We don't allow people to drive drunk not only because they might hurt themselves, but because they might hurt other people. Vaccines are as safe and effective as seatbelts for the vast majority of children, and they guard our innocent babies against preventable, deadly illness. We in Oregon value our commitment to science, public health, and a better future for our children. Let's buckle in to protect our communities from dangerous anti-vaccine propaganda, and let's be a state where we use evidence based medicine to keep our children safe.

Sincerely,
Dr Anushka Shenoy, MD