"All that I learned has been very beneficial with my process of applying to medical school. I left WesternU with a feeling of belonging and I truly do want to seek admission to this institution."



All DREAM participants received a certificate of completion signed by the College Dean Dr. Paula M. Crone and presented by Dr. Mirabelle Fernandes Paul, Assistant Dean-Student Affairs.

-Nancy R.

"I am very grateful for the chance this program has given me and I would like to say that you are an absolute inspiration to me. From being a first gen student to an accomplished doctor, I strive to do the very same thing."

-Kyle P.



DREAM participants engaging in Standard Patient encounters.

HIGHLIGHTS OF THE 2018 DREAM PROGRAM ITINERARY

- Admissions process and application materials
- Understanding Osteopathic medicine
- Anatomy boot camp
- Interviewing skills
- Personal development
- Performing a physical exam
- Mini Grand Rounds presentations
- Understanding match and residency
- How to make medical history
- 'Graduation' ceremony
 - Bowling night & Movie night

For more information on the program, please contact:

Student Affairs Western University of Health Sciences 200 Mullins Drive Lebanon, Oregon 97355

Phone: 541-259-0220 E-mail: StudentAffairsOR@westernu.edu





DREAM @

Western University of Health Sciences

D iversity R ecognized E mphasized & A ssimilated into M edicine



DREAM participants participating in a suture workshop.



DREAM participants interacting with Vice Dean Dr. John T. Pham and Anatomy faculty Dr. Edie Sperling.



DREAM participants participated in a workshop on personal branding from student doctor Jordan Bilbrew and Dr. Ed Junkins.

WHY DID WE DREAM?

According to the American Medical Student Association (AMSA) diversity among the student body facilitates cultural competence in medical education. A study conducted at UCLA found that students who attend racially and ethnically diverse medical schools feel that they are better equipped to serve a diverse patient population. Physicians from under-represented racial/ethnic groups are likely to be able to better identify and empathize with racially/ethnically marginalized patients. AMSA also discusses that underrepresented minority physicians are more likely to practice in underserved communities. Hence having a diverse medical student body is

important on many fronts. However, current levels of diversity among (current) medical students does not reflect the diversity of the US population. Even though we believe that the tenets of osteopathic medicine align with students of all backgrounds, osteopathic colleges struggle even more than allopathic colleges in URM student recruitment. Our college, being one of them. Hence we created the DREAM (Diversity Recognition Emphasized and Assimilated into medicine) program, a 2 and $\frac{1}{2}$ day summer program that was carefully designed to equip URM students who have a desire to be physicians but are denied the same messages and resources of empowerment that their non-URM counterparts have received early on. The workshops and talks given during the program were carefully chosen to counter dis-empowering messages and the lack of role models while equipping aspiring DREAMers with skills and understanding of the medical school application process.



"DREAM couldn't have been possible without student leaders like Guilia Di Bella, Jordan Bilbrew, Jan Garo, Omar Rachdi & many others" - Dr. Mirabelle Fernandes Paul



Student doctors panelists taking questions from DREAM participants.



DREAM participants, students doctors, faculty and staff.