| The Office of the Long | Residential Facilities (RFO) | Long Term Care Facilities (LTCO) |
|---------------------------|---|---|
| Term Care Ombudsman | Public Guardian/ Conservator (OPG) | Residential Ombudsman & Public Guardian Board |

Ways and Means Subcommittee Presentation February, 2019

OLTCO: Our Mission

To protect the individual rights, promote independence, and ensure quality of life through informed advocacy and education for Oregonians living in long-term care and residential facilities and Oregonians with decisional limitations.







Residential Facilities Ombudsman Program



Long Term Care Ombudsman - LTCO Volunteers

Volunteers visit their assigned facilities on a weekly basis, making them the most consistent and frequent State presence in a long-term care facility and uniquely able to identify potential issues involving resident safety, service quality, protection of rights and environmental factors well before any other State agency would be aware of them.



Long Term Care Ombudsman - LTCO 2018 Accomplishments

- Covered 51.3% of the 685 facilities in Oregon
- Delivered 14,500 visits to residents living in long-term care facilities
- Assisted residents with 4,813 complaints providing some level of resolution to 88% of cases
- Supported 171 volunteers that gave 26,122 hours of service
- Provided long-term care education to 1,731 individuals





Long Term Care Ombudsman – LTCO Top 6 Resident Complaints 2017-2018

| Complaint | Total Complaints | Nursing Homes | Residential Care | Assisted Living | Adult Foster |
|---|---------------------|------------------|---------------------|--------------------|-----------------|
| Discharge/Eviction – Notice, planning, procedure, implementation | 265 | 102 | 67 | 73 | 22 |
| Medications – Administration & organization | 192 | 72 | 44 | 74 | 2 |
| Menu – Quality, Quantity, Choice | 156 | 57 | 37 | 55 | 7 |
| Care Plan/Resident Assessment – Failure to follow plan, inadequate | 151 | 50 | 38 | 59 | 4 |
| Dignity – Respect | 123 | 43 | 34 | 41 | 4 |
| Failure to respond to requests for assistance | 122 | 74 | 24 | 23 | 1 |

LTCO – Deputy Ombudsman Assigned Districts Clatsop Columbia **Wallowa** Umatilla Tillamook Hood Multnomah River Washington Morrow Gilliam 'amhill 🗠 Sherman Union Clackamas Wasco Marion Polk Baker Wheeler Jefferson Lincoln Grant Linn - Benton Crook Lane **Deschutes** Harney Coos Douglas Malheur Klamath Lake Jackson Josephine Curry **7** Lead Deputy – Statewide Support, Volunteer Trainer, Deputy on Duty

Residential Facilities Ombudsman - RFO Accomplishments 2017-2018

Home visits have reached 2,500 individuals
Conducted 807 total visits to 502 homes Increased 52%
Opened 527 Cases comprised of 1,272 separate issues
Resolved 444 Cases Increased 706%





Residential Facilities Ombudsman - RFO

Top 5 Categories of Individual Complaints

Right to participate and direct one's own care

- Right to make day-to-day life choices related to clothing, diet, schedule, work and leisure
- Right to participate in the community at large and activities of one's own choosing
- Right to develop and maintain relationships, visit, date, marry, and live together
- Right to know, understand, and receive supports in pursuing remedies for grievances



Oregon Public Guardian/Conservator 2018 Accomplishments

- Exponential growth at/near program capacity
- 2 Deputies hired Covering Southern & Central Oregon
- 80 Current Individuals served
 - Appointed as Guardian for **51** protected persons
 - 15 pending court appointment

Increased 240<mark>%</mark>

• 14 in assessment process



Oregon Public Guardian/Conservator

Protected Person's Served by OPG:

- **32** Abused/Exploited by the current guardian or family member
- 12 Restricted to the State or Local Hospital unable to be discharged without guardian oversight
- 18 Living in a Chronic Cycle of homelessness, jail, or hospital
 - 9 Experiencing other serious situations and requiring guardian oversight
- 11 of the above persons are Veterans



Oregon Public Guardian/Conservator

| PLACEMENT TYPE LEVEL OF CARE | MONTHLY COST OF CARE | MONTHLY SAVINGS AFTER OPGC APPOINTMENT |
|--|-------------------------|---|
| Residential Treatment/Care Facility (type of residence for OPGC Individuals) | \$ 17,743 | |
| State Hospital | \$ 25,797 | \$ 8,054 |
| Local Hospital | \$ 87,000 | \$ 69,257 |



Oregon Public Guardian/Conservator OPG



KEY PERFORMANCE MEASURES

Proposed changes:

Language change to measure response time in business days (KPM 2&3)

- * Adds 2 KPMs for Oregon Public Guardian and Conservator program

Number of hospitalizations, ER visits, arrests, or psychiatric holds of OPGC clients during the reporting period.

Number of referrals diverted away from OPGC by finding less restrictive alternatives. (New for OPGC and deletes KPM 7)

* Delete KPM 6, 7, 8

6. Current = AFH annual visits

7 & 8 = Not indicators of mission success

OLTCO: Agency Budget



Long Term Care Ombudsman - LTCO

Established: 1972 (Federal) 1985 (State)

Scope: 45,000 Residents Nursing Facilities Assisted Living Residential Facilities Adult Foster Care

Covering 51.8% of Facilities



3,443,301 3,236,475 2,966,762 17-19 CSL 19-21 GB

Residential Facilities Ombudsman - RFO

Established: 2013 (State) 9-2015 Ombudsman hired 7-2016 Deputies hired & Home visits begin

Scope:

8,000 Residents 2,400 Facilities Mental Health: 3 Home/Facility Types Intellectual and/or Developmental Disabilities: 5 home/facility Types of children & adults





Oregon Public Guardian/Conservator OPG

Established: 2014 (State)

Scope: Oregonians Who:

- Are At Serious Risk
- Are Unable to Make Decisions
- Lack Any Other G/C Options





GB Investments in Volunteers / Rights Protections

GB Recommendations:

- 1.0 FTE LTCO Deputy to support 35 more volunteers
- 0.5 FTE Volunteer Recruiter
- Funding for IT / volunteer supports



GB Investments in Volunteers / Rights Protections

Addressing LTC Facility Growth

- 71 more licensed care facilities since 2013
 - 2013: 465 RCFs/ALFs + 139 NFs
 - 2019: 540 RCFs/ALFs + 135 NFs
- Additional volunteer recruitment needed
 - LTCO needs appx. 330 volunteers
 - RFO expects to recruit appx. 100 volunteers

Oregon Public Guardian/Conservator OPG



Residential Ombudsman & Public Guardian Advisory Board

- Established under ORS 441.416
 - Eleven Member Board

441.417 Duties:

- 1. Monitor the Long Term Care Ombudsman Program.
- 2. Advise the Governor and the Legislative Assembly on the Long Term Care Ombudsman Program.
- Nominate, after interviews and according to prescribed criteria, three persons to fill the Long-Term Care Ombudsman position or to fill a vacancy in the position.

Residential Ombudsman & Public Guardian Advisory Board

- Solidify support for volunteer resources
- Policy support for caregiver workforce development
- Continuing work on disaster preparedness

