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## Oregon's Trauma Informed Schools Pilots January 30, 2019



### Background

- HB4002 (2016) & SB182 (2017)
- September 2016 July 2019
- Pilot Site Selection Criteria:
  - Multi-Tiered System of Support (PBIS/EBIS)
  - School-Based Health Center
  - Comparison Schools
  - Leadership buy-in
  - Willingness to provide data for evaluation
  - Building-level System Implementation 9 Domains
    - Full-time Trauma-informed School Coordinator
    - Technical Assistance Provider
    - Staff Professional Development and On-going Support
    - Cohort Dissemination Model



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# A Trauma-Informed School

- Realizes both the widespread impact of trauma and the role of schools in promoting resiliency
- Recognizes the signs and symptoms of trauma in students, families and staff
- Responds by fully integrating knowledge about trauma into policies, procedures, and practices
- Resists re-traumatization of students and staff and fosters resiliency

Safety, Consistency & Predictability







# **Building-level System** Implementation 9 Domains

- Sustainability & Committed Leadership
- Professional Development
- Policies, Procedure, Practice
- Behavior Response and Supports
- Equity, Diversity and Inclusion

- Organizational Culture and Climate
- Cross Sector Collaboration
- Student and Caregiver Education and Engagement
- Academic Instruction and Assessment





#### **Implementation Stages**



Trauma

SCHOOLS

Informed







# **Data Source: Staff**

- Knowledge, burn-out, perception of support
- Attitude
- Turnover & attendance
- Dissemination or communication channels
- Leadership support





#### **Attitudes toward Trauma Informed Care (ARTIC)**

Subscale	Name	Description	
		Low scores	High scores
1	Underlying Cause of Problem Behavior & Symptoms	Internal and fixed	External and malleable
2	Responses to Problem Behavior	Emphasizes rules, consequences, and eliminating problem behaviors	Flexibility, feeling safe, building healthy relationship
3	On-the-job Behavior	Control-focused behaviors	Empathy-focused behaviors
4	Work self-efficacy	Feeling <b>unable to meet</b> work demands with traumatized population	Feeling <b>able to meet demands</b> with traumatized population
5	Reactions to Work	Underappreciate the effects of vicarious traumatization Cope by ignoring	Appreciate the effects of vicarious traumatization Cope by seeking support
6	Personal Support for TIP	Concerns about implementing TIP	Supportive of implementing TIP
7	System-Wide Support for TIP	Feeling <b>not supported</b> by colleagues, supervisors, and administrators	Feeling <b>supported</b> by colleagues, supervisors, and administrators



#### **Attitudes toward Trauma Informed Care (ARTIC)**

