Information pulled from the National Conference of State Legislatures website, accurate 12/2017: http://www.ncsl.org/research/ethics/50-state-table-revolving-door-prohibitions.aspx

State	Revolving Door Laws
Alabama	No public official shall serve for a fee as a lobbyist or otherwise represent clients before the board, agency, commission, department, or legislative body, of which he or she is a former member for a period of 2 years after he or she was elected or leaves such membership. Also, may not act as attorney for any person other than himself or herself or the state, or aid, counsel, advise, consult or assist in representing any person, in connection with any judicial proceeding or other matter in which the state is a party or has a direct and substantial interest if the former public official participated personally and substantially as a public official in the matter as part of official responsibilities. Ala. Code § 36-25-13. Excludes former members of the judiciary representing a client in a legal, non-lobbying capacity. Ala. Code § 36-25-13.
Alaska	A former member of the legislature may not engage in activity as a lobbyist before the legislature for 1 year after leaving the legislature. Does not apply to volunteer lobbying or a representational lobbyist. Alaska Stat. Ann. § 24.45.121. Alaska Const. art. II, § 5. A representational lobbyist is a person who attempts to influence legislative or administrative action and receives only reimbursement for travel and other expenses, not compensation or fees for the activity.
Arizona	A public officer or employee shall not represent another person for compensation before an employing public agency within 12 months or concerning any matter if directly concerned with if personally participated. For 2 years after employment or service, shall not disclose or use for personal profit, without appropriate authorization, any information acquired through official duties. Ariz. Rev. Stat. Ann. § 38-504.
Arkansas	A former state official or employee shall not knowingly act as a principal or agent for anyone other than the state if he or she participated while serving in that capacity and the state is a party or has a direct or substantial interest: (1) A judicial, administrative, or other proceeding, application, request for a ruling, or other determination; (2) A contract; (3) A claim; or (4) A charge or controversy. Ark. Code Ann. § 21-8-102. Prohibition extends for 1 year after employment or service. Ark. Code Ann. § 21-8-102.
California	A Member of the Legislature, for 1 year after leaving office, shall not, for compensation, act as agent or attorney for, or otherwise represent, any other person by making any appearance or communication before the Legislature, any committee or subcommittee thereof, any present Member of the Legislature, or any officer or employee thereof, if intended to influence legislative action. Cal. Gov't Code § 87406.
Colorado	No statewide elected officeholder or member of the general assembly shall personally represent another person or entity for compensation before any other statewide elected officeholder or member of the general assembly, for 2 years following vacation of office. Colo. Const. art. XXIX, § 4.

State	Revolving Door Laws
Connecticut	No state representative or state senator shall engage in the profession of lobbyist until 1 year after the expiration of the term for which such state representative or state senator was elected. Conn. Gen. Stat. Ann. § 2-16a.
Delaware	No person who served as a member of the General Assembly shall act as a lobbyist for compensation for a period of 1 year from the time such person is no longer serving in office. Del. Code Ann. tit. 29, § 5837.
Florida	No member of the legislature or statewide elected officer shall personally represent another person or entity for compensation before the government body or agency of which the individual was an officer or member for 2 years following vacation of office. Excludes representing others before judicial tribunals. Fla. Const. art. II, § 8 & Fla. Stat. Ann. § 112.313. For 2 years, a former legislator may not act as a lobbyist for compensation before an executive branch agency, agency, official, or employee. Fla. Stat. Ann. § 112.313.
Georgia	Prohibition from registering as a lobbyist or engaging in lobbying for 1 year after leaving office. Ga. Code Ann. § 21-5-75.
Hawaii	No former legislator or employee shall represent any person or business for consideration on matters participated in or involving official legislative action within 12 months after termination. Haw. Rev. Stat. Ann. § 84-18.
Idaho	No mandatory waiting period.
Illinois	No mandatory waiting period.
Indiana	A member of the general assembly may not be registered as a lobbyist, beginning on the day the individual ceases to be a member and ending 365 days afterwards. Ind. Code Ann. § 2-7-5-7.
lowa	A person who serves as a member of the general assembly shall not act as a lobbyist during the time in which the person serves, or within 2 years after termination of service. Iowa Code Ann. § 68B.5A.
Kansas	No restrictions on acting as a lobbyist after leaving office. Bar on accepting employment for 2 years if participated as a state officer in the making of any contract with the prospective employer. Shall not, for 1 year after expiration of a term, be interested in any contract with the state or represent any person in a court proceeding attacking any legislative action taken or enactment made during any such term as a legislator as being unconstitutional due to error in the legislative process. Kan. Stat. Ann. § 46-233. Shall not, within 1 year after the end of a term, receive any civil appointment to a state office created by law during the last term for which such person had been elected. Kan. Stat. Ann. § 46-234.
Kentucky	A former legislator shall not be a legislative agent, other than for a public agency, until after 2 years since the date the legislator left office. Ky. Rev. Stat. Ann. § 6.757.

State	Revolving Door Laws
Louisiana	No former agency head or elected official shall, for 2 years after the termination of service assist another person for compensation in connection with a transaction involving that agency or render any service on a contractual basis to or for such agency. La. Stat. Ann. § 42:1121
Maine	A person who has served as a legislator may not engage in activities that would require lobbyist registration until 1 year after the end of the legislator's term. Excludes unpaid lobbying activities. Me. Rev. Stat. tit. 1, § 1024.
Maryland	A former member of the General Assembly may not assist or represent another party for compensation in a matter that is the subject of legislative action for 1 year from the date the member leaves office. Does not apply to representation of a municipal corporation, county, or state governmental entity. Md Gen Provis § 5-504.
Massachusetts	A former state employee or elected official who acts as legislative or executive agent for anyone other than the commonwealth or a state agency before the governmental body, as determined by the state ethics commission with which he has been associated, within 1 year after he or she leaves that body. Mass. Gen. Laws Ann. ch. 268A, § 5.
Michigan	A member of the Michigan senate or house who resigns from office shall not make expenditures for or receive compensation or reimbursement for actual expenses for lobbying for the remainder of the term of office from which the person resigned. Mich. Comp. Laws Ann. § 4.416a.
Minnesota	No statutory restriction on revolving doors in Minnesota statutes. The House prohibits former state legislators from registering as lobbyists within 1 year from the date they leave office. House Rule 9.35. The Senate and Joint Rules do not appear to have a similar prohibition.
Mississippi	No public officer or member of the Legislature shall be interested in any contract with the State, or any district, county, city, or town thereof, authorized by any law passed or order made by any board of which he may be or may have been a member, during the term for which he shall have been chosen, or within 1 year after the expiration of such term. Miss. Const. art. 4, § 109 & Miss. Code. Ann. § 25-4-105.
Missouri	6 month prohibition on lobbying for any former legislator based on the expiration of any term of office or after he or she vacates office. Excludes unpaid lobbyists or those who act, serve, or register as a lobbyist for a state department or agency. Mo. Ann. Stat. § 105.455.
Montana	A public officer or public employee may not, within 12 months following the voluntary termination of office or employment, obtain employment in which the officer or employee will take direct advantage, unavailable to others, of matters with which the officer or employee was directly involved during a term of office or during employment. Mont. Code Ann. § 2-2-105. An individual may not be licensed as a lobbyist and a principal may not directly authorize or permit lobbying by an individual if during the 24 months before applying for a license that individual served as a state legislator. Mont. Code Ann. § 5-7-310.
Nebraska	No mandatory waiting period.

State	Revolving Door Laws
Nevada	For 1 year, former public officers or employees of a board, commission, etc. shall not solicit or accept employment from a business or industry whose activities are governed by regulations adopted by the board, commission, etc. Nev. Rev. Stat. Ann. § 281A.550.
New Hampshire	No mandatory waiting period.
New Jersey	No person, within 1 year after termination of the office or employment, shall register as a governmental affairs agent. N.J. Stat. Ann. § 52:13C-21.4.
New Mexico	For a period of one year after leaving government service or employment, a former public officer or employee shall not represent for pay a person before the state agency or local government agency at which the former public officer or employee served or worked. N.M. Stat. Ann. § 10-16-8. A state agency or local government agency shall not enter into a contract with or take any action favorably affecting any person or business that is: a) represented by a person who has been a public officer or employee within the preceding year if the value of the contract or action is over \$1,000 and the contract is a direct result of an official act by the public officer or employee; or b) assisted in the transaction by a former public officer or employee of the state whose official act, while in state employment, directly resulted in the agency's making that contract or taking that action. A former public officer or employee shall not represent a person in dealings with the government on a matter in which the former public officer or employee participated personally and substantially while a public officer or employee. N.M. Stat. Ann. § 10-16-8.
New York	Lobbying restriction for 2 years. No time limit if regarding a matter in which a state officer or employee personally participated or actively supervised. Exception upon prior approval by the state ethics commission or the commission on public integrity. N.Y. Pub. Off. Law § 73.
North Carolina	No former legislator may register as a lobbyist for 6 months after leaving office. N.C. Gen. Stat. Ann. § 163A-308.
North Dakota	No mandatory waiting period.
Ohio	12 month prohibition after a public official leaves office against representing in which any matter the official personally participated, or representing anyone on any matter before the general assembly. Ohio Rev. Code Ann. § 102.03.
Oklahoma	No lobbying restriction. However, no member of the Legislature shall, within 2 years after a term, be interested in any contract with the State, or any county or other subdivision, authorized by law passed during the term for which he shall have been elected. Okla. Const. art. V, § 23.
Oregon	A public official who as part of the official's duties invested public funds shall not within 2 years after the public official ceases to hold the position: (a) Be a lobbyist or appear as a representative before the agency, board or commission for which the former public official invested public funds; (b) Influence or try to influence the agency, board or commission; or (c) Disclose any confidential information gained as a public official. Or. Rev. Stat. Ann. § 244.045.

State	Revolving Door Laws
	A member of the Legislative Assembly may not receive consideration for lobbying before the date of adjournment sine die of the next regular session after that person ceases to be a member of the Assembly. Or. Rev. Stat. Ann. § 244.045.
Pennsylvania	No former public official or public employee shall represent a person, with promised or actual compensation, on any matter before the governmental body with which he has been associated for one year after he leaves that body. 65 Pa. Stat. and Cons. Stat. Ann. § 1103.
Rhode Island	1 year prohibition after a legislator severs his or her position with the state. Prohibition does not include representation before a court of law. 36 R.I. Gen. Laws Ann. § 36-14-5.
South Carolina	Public officials and their immediate family may not serve as lobbyists during the time the official holds office and for 1 year after service ends. S.C. Code Ann. § 2-17-15 & § 8-13-755.
South Dakota	No elected officer may be compensated, act, or register as a lobbyist, other than a public employee lobbyist, for 2 years after termination of service. S.D. Codified Laws § 2-12-8.2
Tennessee	12 month prohibition on members of the general assembly from serving as lobbyists after leaving office. Tenn. Code Ann. § 3-6-304.
Texas	No mandatory waiting period.
Utah	A former state official may not become a lobbyist or engage in lobbying that would require registration for 1 calendar year, beginning on the day the state official leaves office. Exceptions: if the former state official engages in lobbying on behalf of himself or a business with which he is associated, unless the primary activity of the business is lobbying or governmental relations. Utah Code Ann. § 67-24-103.
Vermont	A legislator or an Executive officer, for one year after leaving office, shall not be a lobbyist in this State. Vt. Stat. Ann. tit. 2, § 266. Exceptions: a person who engages in lobbying solely by testifying before committees of the General Assembly and agencies, etc. and providing information requested by legislators or administrative officials; a person who owns, publishes, or is employed by any news medium while engaged solely in the acquisition or dissemination of news on behalf of the news medium. Vt. Stat. Ann. tit. 2, § 262.
Virginia	For 1 year after serving, shall not represent a client for compensation on any matter before the General Assembly or any agency of the legislative branch of government. Va. Code Ann. § 30-103.
Washington	For 1 year after serving, shall not accept employment or receive compensation if engaged in the negotiation or administration of contracts valued over \$10,000 with that employer within the past 2 years. For 2 years after serving, shall not have a beneficial interest in a contract or grant authorized or funded by legislative or executive action in which the former state officer participated. Wash. Rev. Code Ann. § 42.52.080.

State	Revolving Door Laws
West Virginia	Members of the legislature may not, during or before 1 year following service in the legislature, register as lobbyists. W. Va. Code Ann. § 6B-3-2. No present or former elected or appointed public official shall, during or after his or her public employment or service, represent a client or act in a representative capacity on behalf of any person in a contested matter involving a party which arose during his or her period of public service and in which he or she personally and substantially participated, unless the appropriate government agency, after consultation, consents to representation. W. Va. Code Ann. § 6B-2-5.
Wisconsin	No former state public official, for 12 months following the date on which he or she ends service, may, for compensation, on behalf of another who isn't a governmental agency, make any appearance before or negotiate with any officer or employee of the department with which he or she was associated. Wis. Stat. Ann. § 19.45.
Wyoming	No mandatory waiting period.
	STATE LEGISLATIVE PROHIBITIONS ON "REVOLVING DOORS"