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# Regional Behavioral Health Collaboratives

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# Oregon's Current Behavioral Health System

**We've heard the following concerns from the community:**

- There are barriers to receiving behavioral health services at the right time and place.
- The system is cumbersome and complicated, making it difficult to navigate. DHS, OHA, criminal justice, education, and hospital systems are not aligned, which means that individuals and families have to do more work to try to piece together behavioral healthcare.

There are ample opportunities for improvements.

# Vision for the Behavioral Health System

- Coordinated, seamless and treats the whole person at the right time and place.
- Puts the individual and their support system at the center of care.
- Behavioral health is integrated with physical and oral health.
- Focused on early intervention, health promotion and prevention.
- Community focused – systems and stakeholders come together to identify priorities and solutions specific to their community.

# How will Regional Behavioral Health Collaboratives help us meet our vision?

- Requires Coordinated Care Organizations (CCOs), Community Mental Health Programs (CMHPs), Local Public Health Authorities (LPHAs), and other key system partners to collaborative and focus on behavioral health priorities within the local communities.
- Build on existing regional innovations and collaborations to address and proactively prevent behavioral health issues.



# Regional Behavioral Health Collaboratives Structure

- Convene – CCOs, CMHPs, LPHAs required.
- Review relevant state and local needs assessments, reports, data and other information.
- Select three behavioral health priority topic areas to focus on over the next two years.
- Develop an action plan:
  - specific behavioral health outcome goals
  - strategies to achieve the outcomes
  - how progress will be measured



# Where are we currently with the Regional Behavioral Health Collaboratives?

- Pilot three RBHCs across the state to learn:
  - best practices
  - identify needed supports
  - mitigate barriers prior to a statewide launch
- Provide technical assistance and facilitation for pilots through the Transformation Center.
- Revise OARs that reference the relationship between CMHPs and CCOs.

# Example of other Collaboratives

Based on the Collective Impact approach - the belief that no single policy, government department, organization or program can tackle or solve increasingly complex social challenges like behavioral health.

- Gorge model
- Tri-County
- Children's System of Care



# Oregon's Behavioral Health System

Improving Oregon's behavioral health system has been identified as a priority for OHA and for the following:

- Legislature
- Governor Brown requested Oregon Health Policy Board provide recommendations on improving behavioral health for CCO 2.0





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# Questions?



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