# Challenges facing Youth 6-21 In Oregon



7 + Agencies**36** Counties 16 CCOs **School Districts** Law Enforcement Mental Health Challenges Family Issues

# ADDRESSING CHILDHOOD TRAUMA:

# Oregon's Key to Health Care Transformation

Save taxpayer dollars and save children's lives

#### "ADVERSE CHILDHHOOD EXPERIENCES" (ACE) Study

In 1998, the Center for Disease Control and Kaiser Permanente engineered a study of over 18,000 adults to assess links between childhood trauma and adult health and well-being.

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ACE Study Adverse Childhood Adverse Childhood Experiences Emotional Abuse Sexual Abuse Sexual Abuse Sexual Abuse Sexual Abuse Physical Abuse Mother Treated Violenty Mother Treated Violenty Mother Treated Violenty Household Substance Abuse Household Mental Illness Household Mental Illness Parental Separation or Divorce Incarcerated Household Membe

#### STUDY RESULTS

The ACES clearly demonstrates that childhood trauma negatively impacts immediate and long-term health, social well-being, and lifespan. Any four of the listed childhood adverse experiences create enough trauma to generate high risk for complex and expensive social and physical challenges as they grow up.

98% of children in out of home care have a trauma history

hronic Physical Illness Lung Disease Heart Disease Liver Disease Cancer Skeletal Fracture Diabetes Premature Death **51%** have suffered 7+ events

80% have suffered 4+ events<sup>i</sup>



Without this commitment, we will never achieve health care transformation or Oregon's education goals.



Alliance

<sup>1</sup>2012—Colorado Health Foundation Outcome Study

## ACHIVE OUTCOMES, RETURN ON INVESTMENT, AND SAVINGS

An investment in children today means they will not become the next chronically ill adults with complex, expensive needs. Together we can build healthy children, who become educated and working adults, and who will raise their own healthy families.



Mechanisms by which adverse childhood experiences influence health and well-being throughout a lifespan



Range of Supports for Kids 6-21 with high ACEs / Chronic Absenteeism



#### <u>State Goals:</u>

40/40/20 Triple Aim / Reduce Growth Rate Improve the work force Reduce population in corrections Reduce abuse rates

#### <u>Obstacles:</u>

Lack of supports Programs "stove-piped" 20% utilize 80% 10% chronically absent Age balance is necessary Lack of funding for 6-21 No overall coordination statewide or in communities

### <u>SB902:</u>

Simply lifts sunset

Offers communities an option for a roadmap

Builds on existing movement in some regions

Encourages coordination

First step towards a larger discussion next session for youth 6 - 21