

MARCH 31, 2015

E-Cigarettes Poised to Save Medicaid Billions

J. Scott Moody, Chief Executive Officer and Chief Economist

E lectronic cigarettes (e-cigs) have only been around since 2006, yet their potential to dramatically reduce the damaging health impacts of traditional cigarettes has garnered significant attention and credibility. Numerous scientific studies show that e-cigs not only reduce the harm from smoking, but can also be a part of the successful path to smoking cessation.

The term "e-cig" is misleading because there is no tobacco in an e-cig, unlike a traditional, combustible cigarette. The e-cig uses a batterypowered vaporizer to deliver nicotine via a propylene-glycol solution—which is why "smoking" an e-cig is called "vaping." The vapor is inhaled like a smoke from a cigarette, but does not contain the carcinogens found in tobacco smoke.

Unlike traditional nicotine replacement therapy (NRT), such as gum or patches, e-cigs mimic the physical routine of smoking a cigarette. As such, e-cigs fulfill both the chemical need for nicotine and physical stimuli of smoking. This powerful combination has led to the increasing demand for e-cigs—8.2% use among nondaily smokers and 6.2% use among daily smokers in 2011.¹

The game-changing potential for dramatic harm reduction by current smokers using e-cigs will flow directly into lower healthcare costs dealing with the morbidity and mortality stemming from smoking combustible cigarettes. These benefits will particularly impact the Medicaid system where the prevalence of cigarette smoking is twice that of the general public (51% versus 21%, respectively).

Based on the findings of a rigorous and comprehensive study on the impact of cigarette smoking on Medicaid spending, the potential savings of e-cig adoption, and the resulting tobacco smoking cessation and harm reduction, could have been up to \$48 billion in Fiscal Year (FY) 2012.² This savings is 87% higher than all state cigarette tax collections and tobacco settlement collections (\$24.4 billion) collected in that same year.

Unfortunately, the tantalizing benefits stemming from e-cigs may not come to fruition if artificial barriers slow their adoption among current smokers. These threats range from the Food and Drug Administration regulating e-cigs as a pharmaceutical to states extending their cigarette tax to e-cigs. To be sure, e-cigs are still a new product and should be closely monitored for longterm health effects. However, given the longterm fiscal challenges facing Medicaid, the prospect of large e-cigs cost savings is worth a noninterventionist approach until hard evidence proves otherwise.

Prevalence of Smoking in the **Medicaid Population**

According to the Centers for Disease Control and Prevention, in 2011, 21.2% of Americans smoked combustible cigarettes. However, as shown in Table 1, the smoking rate varies considerably across states with the top three states being Kentucky (29%), West Virginia (28.6%), and Arkansas (27%) and the three lowest states being Utah (11.8%), California (13.7%), and New Jersey (16.8%).³

Additionally, the smoking rate varies dramatically by income level. Nearly 28% of people living below the poverty line smoke while 17% of people living at or above the poverty line smoke.⁴

As a consequence, the level of smoking prevalence among Medicaid recipients is more than twice that of the general public, 51% versus 21%, respectively. However, this too varies considerably across states with the top three states being New Hampshire (80%), Montana (70%), and Pennsylvania (70%) and the three lowest states being Mississippi (35%), New Jersey (36%), and South Carolina (41%).⁵

In absolute terms, the U.S. Medicaid system includes 36 million smokers out of a total Medicaid enrollment of over 68 million. As such, this places much of the health burden and related financial cost of smoking on the Medicaid system which strains the system and takes away scarce resources from the truly needy.

Economic Benefit of Smoking Cessation and Harm Reduction

Smoking creates large negative externalities due to adverse health impacts. Table 2 shows the results of a comprehensive study that quantified the two major costs of smoking in 2009 lost productivity and healthcare costs.⁶

Lost productivity occurs when a person dies prematurely due to smoking or misses time

from work due to smoking. This cost the economy \$185 billion in lost output in 2009.



Table 1 **Smokers Represent Significantly Larger Proportion of** Medicaid Recipients than General Population 2011

2011					
	Percent Smokers		Medicaid	Number of	
State	Medicaid General		Enrollment	Smokers on	
	Medicald	Population	Entoiment	Medicaid	
United States	51%	21.2% (median)	68,372,045	36,461,209	
Alabama	52%	24.3%	938,313	487,923	
Alaska	68%	22.9%	135,059	91,840	
Arizona	49%	19.2%	1,989,470	974,840	
Arkansas	54%	27.0%	777,833	420,030	
California	45%	13.7%	11,500,583	5,175,262	
Colorado	61%	18.3%	733,347	447,342	
Connecticut	49%	17.1%	729,294	357,354	
Delaware	58%	21.7%	223,225	129,471	
Florida	46%	19.3%	3,829,173	1,761,420	
Georgia	42%	21.2%	1,925,269	808,613	
Hawaii	62%	16.8%	313,629	194,450	
Idaho	62%	17.2%	409,456	253,863	
Illinois	58%	20.9%	2,900,614	1,682,356	
Indiana	68%	25.6%	1,208,207	821,581	
Iowa	61%	20.4%	544,620	332,218	
Kansas	54%	22.0%	363,755	196,428	
Kentucky	65%	29.0%	1,065,840	692,796	
Louisiana	43%	25.7%	1,293,869	556,364	
Maine	63%	22.8%	327,524	206,340	
Maryland	51%	19.1%	1,003,548	511,809	
Massachusetts	53%	18.2%	1,504,611	797,444	
Michigan	64%	23.3%	2,265,277	1,449,777	
Minnesota	54%	19.1%	989,600	534,384	
Mississippi	35%	26.0%	775,314	271,360	
Missouri	66%	25.0%	1,126,505	743,493	
Montana	70%	22.1%	136,442	95,509	
Nebraska	64%	20.0%	284,000	181,760	
Nevada	62%	22.9%	363,357	225,281	
New Hampshire	80%	19.4%	152,182	121,746	
New Jersey	36%	16.8%	1,304,257	469,533	
New Mexico	50%	21.5%	571,621	285,811	
New York	54%	18.1%	5,421,232	2,927,465	
North Carolina	63%	21.8%	1,892,541	1,192,301	
North Dakota	63%	21.9%	85,094	53,609	
Ohio	65%	25.1%	2,526,533	1,642,246	
Oklahoma	58%	26.1%	852,603	494,510	
Oregon	67%	19.7%	690,364	462,544	
Pennsylvania	70%	22.4%	2,443,909	1,710,736	
Rhode Island	48%	20.0%	221,041	106,100	
South Carolina	41%	23.1%	978,732	401,280	
South Dakota	69%	23.0%	134,798	93,011	
Tennessee	58%	23.0%	1,488,267	863,195	
Texas	43%	19.2%	4,996,318	2,148,417	
Utah	43 % 54%	19.2 %	4,990,318	197,786	
Vermont	67%	11.8%	184,088	123,339	
Virginia	58%	20.9%	1,016,419	589,523	
Washington	67%	20.9% 17.5%	1,016,419	919,231	
West Virginia	67%	28.6%	411,218	275,516	
Wisconsin	63%	20.9%	1,292,799	814,463	
Wyoming	62%	20.9%		47,351	
, ,	-		76,372		
District of Columbia		20.8%	235,665	120,189	

Source: Centers for Disease Control and Prevention, Centers for Medicare and Medicaid Services, and State Budget Solutions

Smokers incur higher healthcare costs when those individuals require medical services such as ambulatory care, hospital care, prescriptions, and neonatal care for conditions caused by smoking. This cost the economy \$116 billion in extra medical treatments.

Overall, in 2009 alone, the negative externalities of smoking cost the U.S. economy \$301 billion in lost productivity and higher healthcare costs. Not surprisingly, these costs were centered in high population states such as California (\$26.9 billion), New York (\$20.6 billion), and Texas (\$20.4 billion).

Literature Review On E-cig Impact On Harm Reduction Through Reduced Toxic Exposure and Smoking Cessation

E-cigs have only been around since 2006, yet their potential to dramatically reduce the damaging health impacts of traditional combustible cigarettes has garnered significant attention and credibility. Numerous scientific studies are showing that e-cigs not only reduce the harm from smoking, but is also a successful path to smoking cessation.

In perhaps the most comprehensive e-cig literature review to date, Neil Benowitz et al. (2014) identified eighty-one studies with original data and evidence from which to judge e-cig effectiveness for harm reduction.⁷ They concluded:

"Allowing EC (electronic cigarettes) to compete with cigarettes in the market-place might decrease smoking-related morbidity and mortality. Regulating EC as strictly as cigarettes, or even more strictly as some regulators propose, is not warranted on current evidence. Health professionals may consider advising smokers unable or unwilling to quit through other routes to switch to EC as a safer alternative to smoking and a possible pathway to complete cessation of nicotine use."

There are two ways that e-cigs benefit current smokers. First, there is harm reduction for the smoker by removing exposure to the toxicity



Table 2 Comprehensive Costs of Smoking (Billions of Dollars)

2009					
	Lost Productivity		Healthcare	Total	
State	Premature Death	Workplace	Total	Costs	Smoking Costs
United States	117.1	67.5	184.6	116.4	301.0
Alabama	2.7	1.2	3.9	1.7	5.6
Alaska	0.2	0.2	0.4	0.3	0.7
Arizona	1.9	1.3	3.2	1.9	5.1
Arkansas	1.7	0.7	2.4	1.1	3.4
California	9.6	5.7	15.2	11.6	26.9
Colorado	1.3	1.2	2.5	1.6	4.1
Connecticut	1.2	0.7	1.8	1.7	3.6
Delaware	0.4	0.2	0.6	0.4	1.1
District of Columbia	0.3	0.1	0.4	0.5	0.9
Florida	7.9	4.4	12.3	7.3	19.6
Georgia	3.7	2.4	6.2	2.9	9.0
Hawaii	0.4	0.2	0.7	0.4	1.1
Idaho	0.4	0.3	0.7	0.4	1.1
Illinois	5.0	2.9	7.9	4.8	12.7
Indiana	3.0	2.1	5.1	2.6	7.7
Iowa	1.2	0.7	1.9	1.1	3.0
Kansas	1.2	0.7	1.5	1.1	2.6
Kentucky	2.6	1.3	3.9	1.0	5.7
Louisiana	2.0	0.9	3.3	1.8	5.1
			0.9		
Maine Marrilan d	0.6	0.3		0.7	1.6
Maryland	2.1	1.3	3.4	2.2	5.6
Massachusetts	2.2	1.3	3.4	3.7	7.1
Michigan	4.5	2.4	7.0	4.0	11.0
Minnesota	1.5	1.5	3.0	2.3	5.4
Mississippi	1.8	0.7	2.4	1.0	3.5
Missouri	3.0	1.5	4.5	2.7	7.2
Montana	0.3	0.2	0.6	0.4	0.9
Nebraska	0.6	0.5	1.1	0.7	1.8
Nevada	1.1	0.7	1.7	0.9	2.6
New Hampshire	0.5	0.3	0.8	0.6	1.4
New Jersey	2.9	1.8	4.7	3.6	8.3
New Mexico	0.5	0.4	0.9	0.6	1.5
New York	6.9	3.9	10.8	9.8	20.6
North Carolina	4.1	2.2	6.3	3.4	9.7
North Dakota	0.2	0.2	0.4	0.3	0.7
Ohio	5.7	2.9	8.6	5.2	13.9
Oklahoma	2.1	0.9	3.0	1.3	4.3
Oregon	1.3	0.8	2.1	1.3	3.4
Pennsylvania	5.4	3.2	8.5	5.7	14.2
Rhode Island	0.4	0.2	0.7	0.6	1.3
South Carolina	2.3	1.0	3.3	1.6	4.9
South Dakota	0.3	0.2	0.5	0.3	0.8
Tennessee	3.6	1.7	5.3	2.6	7.9
Texas	7.9	4.9	12.8	7.6	20.4
Utah	0.4	0.3	0.7	0.4	1.1
Vermont	0.2	0.1	0.4	0.3	0.7
Virginia	2.9	2.0	4.8	2.7	7.5
Washington	2.1	1.3	3.4	2.4	5.7
West Virginia	1.1	0.5	1.6	0.9	2.5
Wisconsin	2.0	1.4	3.4	2.4	5.8
Wyoming	0.2	0.2	0.4	0.2	0.6
Source: See Endnote 6 and State Budget Solutions					

associated with the thousands of compounds, many carcinogenic, found in the burning of tobacco and the resulting smoke. Second, smoking cessation efforts by the smoker are enhanced by simultaneously fulfilling both the chemical need for nicotine and physical stimuli of smoking.

In the last few years the academic literature has exploded with articles on these two topics. The following is a selection of some of the most recent studies and their conclusions.

Reduced Toxic Exposure

Igor Burstyn (2014) concludes, "Current state of knowledge about chemistry of liquids and aerosols associated with electronic cigarettes indicates that there is no evidence that vaping produces inhalable exposures to contaminants of the aerosol that would warrant health concerns by the standards that are used to ensure safety of workplaces . . . Exposures of bystanders are likely to be orders of magnitude less, and thus pose no apparent concern."⁸

Neal Benowitz, et al. (2013) concludes, "The vapour generated from e-cigarettes contains potentially toxic compounds. However, the levels of potentially toxic compounds in e-cigarette vapour are 9—450-fold lower than those in the smoke from conventional cigarettes, and in many cases comparable with the trace amounts present in pharmaceutical preparation. Our findings support the idea that substituting tobacco cigarettes with electronic cigarettes may substantially reduce exposure to tobaccospecific toxicants. The use of e-cigarettes as a harm reduction strategy among cigarette smokers who are unable to quit, warrants further study."⁹

Kostantinos E Farsalinos et al. (2014) concludes, "Although acute smoking inhalation caused a delay in LV (Left Ventricular) myocardial relaxation in smokers, electronic cigarette use was found to have no such immediate effects in daily users of the device. This short-term beneficial profile of electronic cigarettes compared to smoking, although not conclusive about its overall health-effects as a tobacco harm reduc-



tion product, provides the first evidence about the cardiovascular effects of this device."¹⁰

Smoking Cessation

Emma Beard et al. (2014) concludes, "Among smokers who have attempted to stop without professional support, those who use ecigarettes are more likely to report continued abstinence than those who used a licensed NRT [Nicotine Replacement Therapy] product bought over-the-counter or no aid to cessation. This difference persists after adjusting for a range of smoker characteristics such as nicotine dependence."¹¹

Christopher Bullen et al. (2013) concludes, "Ecigarettes, with or without nicotine, were modestly effective at helping smokers to quit, with similar achievement of abstinence as with nicotine patches, and few adverse events . . . Furthermore, because they have far greater reach and higher acceptability among smokers than NRT [Nicotine Replacement Therapy], and seem to have no greater risk of adverse effects, e-cigarettes also have potential for improving population health."¹²

Pasquale Caponnetto et al. (2013) concludes, "The results of this study demonstrate that ecigarettes hold promise in serving as a means for reducing the number of cigarettes smoked, and can lead to enduring tobacco abstinence as has also been shown with the use of FDAapproved smoking cessation medication. In view of the fact that subjects in this study had no immediate intention of quitting, the reported overall abstinence rate of 8.7% at 52-weeks was remarkable."¹³

Konstantinos E. Farsalinos et al. (2013) concludes, "Participants in this study used liquids with high levels of nicotine in order to achieve complete smoking abstinence. They reported few side effects, which were mostly temporary; no subject reported any sustained adverse health implications or needed medical treatment. Several of the side effects may not be attributed to nicotine. In addition, almost every vaper reported significant benefits from switching to the EC [e-cigarette]. These observations are consistent with findings of Internet surveys and are supported by studies showing that nicotine is not cytotoxic, is not classified as a carcinogen, and has minimal effects on the initiation or propagation of atherosclerosis . . . Public health authorities should consider this and other studies that ECs are used as longterm substitutes to smoking by motivated exsmokers and should adjust their regulatory decisions in a way that would not restrict the availability of nicotine-containing liquids for this population."¹⁴

Potential E-cig Medicaid Cost Savings

To date, the academic literature strongly suggests that e-cigs hold the promise of dramatic harm reduction for smokers simply by switching from combustible tobacco cigarettes to ecigs. This harm reduction is due to both its positive impact on smoking cessation and reduced exposure to toxic compounds in cigarette smoke.

As a result, we can expect the healthcare costs of smoking to decline over time as the adoption of e-cigs by smokers continues to grow. Additionally, we can expect greater rates of adoption as e-cigs continue to evolve and improve based on market feedback—a dynamic that has never existed with other nicotine replacement therapies.

As discussed earlier, the potential savings to the economy are very large. In terms of healthcare alone, most of that cost is currently borne by the Medicaid system where the prevalence of cigarette smoking is twice that of the general public, 51% versus 21%, respectively. So what are the potential healthcare savings to Medicaid?

Brian S. Armour et al. (2009) created an impressive economic model to estimate how much smoking costs Medicaid based on data from the Medical Expenditure Panel Survey and the Behavioral Risk Factor Surveillance System.¹⁵

Overall, their model ". . . included 16,201 adults with weighting variables that allowed us to generate state representative estimates of the



	Ta	able 3		
Smoking	g Costs o	n Medicaid by S	state	
-	•	s of Dollars)		
	•	Year 2012		
	FISCAL			
Chala	Medicaid	Smoking Costs as	Smoking Costs	
State	Spending	Percent of Medicaid Spending	on Medicaid	
United States	415,154	11%	45,667	
Alabama	413,134 5,027	9%	452	
Alaska	1,348	15%	202	
Arizona	7,905	18%	1,423	
Arkansas	4,160	10%	458	
California	50,165	11%	5,518	
Colorado	4,724	17%	803	
Connecticut	6,759	7%	473	
Delaware	1,485	10%	148	
District of Columbia	2,111	11%	232	
Florida	17,907	11%	1,970	
Georgia	8,526	10%	853	
Hawaii	1,493	11%	164	
Idaho	1,452	14%	203	
Illinois	13,393	11%	1,473	
Indiana	7,486	15%	1,123	
Iowa	3,495	10%	350	
Kansas	2,667	12%	320	
Kentucky	5,702	12%	684	
Louisiana	7,358	12%	883	
Maine	2,413	14%	338	
Maryland	7,687	12%	922	
Massachusetts	12,926	11%	1,422	
Michigan	12,460	13%	1,620	
Minnesota	8,894	11%	978	
Mississippi	4,466	9%	402	
Missouri	8,727	14%	1,222	
Montana	973	15%	146	
Nebraska	1,722	15%	258	
Nevada	1,739	11%	191	
New Hampshire	1,187	15%	178	
New Jersey	10,389	6%	623	
New Mexico	3,430	12%	412	
New York	53,306	11%	5,864	
North Carolina	12,282	11%	1,351	
North Dakota	744	12%	89	
Ohio	16,352	13%	2,126	
Oklahoma	4,642	12%	557	
Oregon	4,587	15%	688	
Pennsylvania	20,393	11%	2,243	
Rhode Island	1,856	8%	148	
South Carolina	4,848	11%	533	
South Dakota	749	16%	120	
Tennessee	8,798	11%	968	
Texas	28,286	11%	3,111	
Utah	1,903	14%	266	
Vermont	1,353	15%	203	
Virginia	6,906	11%	760	
Washington	7,560	18%	1,361	
West Virginia	2,790	11%	307	
Wisconsin	7,096	13%	923	
Wyoming	528	16%	85	
Note: States do not sum to Total due to rounding.				
Source: See Endnote				

adult, noninstitutionalized Medicaid population."

The study concluded that 11% of all Medicaid expenditures can be attributed to smoking. Additionally, among the states these costs ranged from a high of 18% (Arizona and Washington) to a low of 6% (New Jersey).

This study uses their percentage of Medicaid spending due to smoking and applies it to the latest year of available state-by-state Medicaid spending. As shown in Table 3, in FY 2012, smoking cost the Medicaid system \$45.7 billion. Of course, the largest states bear the brunt of these costs such as New York (\$5.9 billion), California (\$5.5 billion), and Texas (\$3.1 billion).

To put this potential savings to Medicaid into perspective, in FY 2012, state governments and the District of Columbia combined collected \$24.4 billion in cigarette excise taxes and tobacco settlement payments. As shown in Table 4, the potential Medicaid savings exceeds cigarette excise tax collections and tobacco settlement payments by 87%.

However, this varies greatly by state with high ratios in the South Carolina (435%), Missouri (409%), and New Mexico (260%), Arizona (238%), and California (238%) and low ratios in New Jersey (-39%), New Hampshire (-31%), Rhode Island (-17%), Connecticut (-13%), and Hawaii (-4%). Overall, 45 states and D.C. stand to gain more from potential Medicaid savings than through lost cigarette tax collections and tobacco settlement payments.

Note that many of the five states with negative ratios are distorted because excise tax collections are based on where the initial sale occurred and not where the cigarettes were ultimately consumed. This can vary greatly because of cigarette smuggling and cross-border shopping created by state-level differentials in cigarette excise taxes.¹⁶

For instance, New Hampshire has long been a source for out-of-state cigarette purchase from shoppers living in Massachusetts, Maine, and Vermont because of its lower cigarette excise



Table 4 Smoking Costs on Medicaid Exceeds State Cigarette Tax Collections and Tobacco Settlement Payments (Millions of Dollars) Fiscal Year 2012

Fiscal Year 2012				
	State	Tobacco		Smoking Costs on
	Cigarette Tax	Settlement	Smoking	Medicaid as a Percent of
State	Collections	Payments	Costs on	0
	(a)	(b)	Medicaid	Collections and Tobacco
	(a)	(0)		Settlement Payments
United States	17,226	7,190	45,667	87%
Alabama	126	94	452	106%
Alaska	67	30	202	108%
Arizona	319	101	1,423	238%
Arkansas	247	51	458	54%
California	896	736	5,518	238%
Colorado	203	91	803	173%
Connecticut	418	124	473	-13%
Delaware	121	27	148	1%
District of Columbia	36	38	232	214%
Florida	381	365	1,970	164%
Georgia	227	141	853	132%
Hawaii	122	49	164	-4%
Idaho	48	25	203	177%
Illinois	606	274	1,473	67%
Indiana	465	130	1,123	89%
Iowa	225	66	350	20%
Kansas	104	58	320	98%
Kentucky	277	102	684	81%
Louisiana	133	102	883	222%
Maine	133	51	338	77%
Maryland	411	146	922	66%
Massachusetts	574	254	1,422	72%
	965	254		33%
Michigan Minnesota	422	167	1,620 978	66%
Mississippi	157	110	402	50%
Missouri	105	135	1,222	409%
Montana	87	30	146	24%
Nebraska	68	38	258	145%
Nevada	103	40	191	34%
New Hampshire	215	43	178	-31%
New Jersey	792	231	623	-39%
New Mexico	75	39	412	260%
New York	1,632	738	5,864	147%
North Carolina	295	141	1,351	210%
North Dakota	28	32	89	49%
Ohio	843	295	2,126	87%
Oklahoma	293	77	557	50%
Oregon	256	79	688	106%
Pennsylvania	1,119	337	2,243	54%
Rhode Island	132	47	148	-17%
South Carolina	26	73	533	435%
South Dakota	60	24	120	42%
Tennessee	279	139	968	131%
Texas	1,470	475	3,111	60%
Utah	124	36	266	66%
Vermont	80	35	203	77%
Virginia	192	117	760	145%
Washington	471	151	1,361	119%
West Virginia	110	64	307	77%
Wisconsin	653	131	923	18%
Wyoming	26	19	85	90%
(a) Includes all forms of tobacco taxes.				

(a) Includes all forms of tobacco taxes.

(b) Includes Master Settlement Agreement and individual state payments. Source: Department of Commerce: Census Bureau, Internal Revenue Service, and State Budget Solutions tax. As such, the ratio is too high for Massachusetts, Maine, and Vermont and too low for New Hampshire. The same applies to New Jersey and Connecticut vis-à-vis New York and, more specifically, New York City, which levies its own cigarette tax on top of the state tax.

Hawaii is an exception due to its physical isolation which creates monopoly rents. Rhode Island levies a very high cigarette excise tax, but not relatively high enough compared to neighboring Connecticut and Massachusetts to drive a lot of cross-border shopping.

Other Potential E-cig Cost Savings

Another area of cost savings from greater e-cig adoption is the reduction in smoke and fire dangers in subsidized and public housing. According to a recent study, smoking imposes three major costs:

- 1. Increased healthcare costs from exposure to second hand smoke within and between housing units.
- 2. Increased renovation costs of smokingpermitted housing units.
- 3. Fires attributed to cigarettes.

As shown in Table 5, the study estimates that smoking imposes a nationwide cost of nearly \$500 million.¹⁷ The top three states facing the greatest expenses are New York (\$125 million), California (\$72 million), and Texas (\$24 million) while the top three states with the lowest expenses are Wyoming (\$0.6 million), Idaho (\$0.8 million), and Montana (\$1 million).

Applying Cigarette Taxes to E-cigs?

Many policymakers around the country have suggested applying the existing cigarette tax, wholly or in part, to e-cigs. This is bad public policy and is based on a fundamental misunderstanding of the cigarette tax.

The cigarette tax is what economists call a "Pigovian Tax" which is designed to mitigate



Table 5			
Smoking Cost	ts on		
Subsidized and			
Housing			
0	llarc)		
(Millions of Dollars) 2012			
State	Smoking Costs		
United States	496.8		
New York	124.7		
California	72.4		
Texas	28.3		
Massachusetts Florida	24.0 23.2		
Ohio	23.2		
Pennsylvania	17.7		
New Jersey	15.8		
Louisiana	14.4		
North Carolina	13.9		
Illinois	13.3		
Tennessee	12.9		
Michigan	12.8		
Alabama	12.4		
Georgia Connecticut	11.6 10.7		
Missouri	9.4		
Indiana	8.3		
Virginia	7.8		
Mississippi	7.2		
Kentucky	7.1		
Minnesota	7.1		
South Carolina	7.0		
Maryland	7.0		
Arkansas	6.8		
Oklahoma	6.8		
Wisconsin Washington	6.5 5.0		
Arizona	4.9		
Colorado	4.5		
West Virginia	4.3		
Oregon	4.3		
Maine	4.2		
Rhode Island	4.0		
Hawaii	3.8		
Iowa	3.8		
New Mexico	3.0		
Kansas	2.9		
Nebraska Nevada	2.1 1.9		
Vermont	1.9		
New Hampshire	1.9		
Utah	1.4		
Delaware	1.3		
North Dakota	1.2		
South Dakota	1.1		
Montana	1.0		
Idaho	0.8		
Wyoming	0.6		
Alaska	N.A.		
District of Columbia N.A.			
Source: See Endnote 17 and State Budget Solutions			
State Budget Solutions			

negative externalities of certain actions. Cigarette smoking creates many negative externalities such as harmful health consequences to the user or to those in near proximity (second-hand smoke).

As detailed in this study, the negative externalities associated with traditional smoking are all but eliminated by e-cigs. Without evidence of actual negative externalities, applying the existing cigarette tax to e-cigs is simply bad public policy.

Conclusion

Policymakers have long sought to reduce the economic damage due to the negative health impact of smoking. They have used tactics ranging from cigarette excise taxes to subsidizing nicotine replacement therapies. To be sure, smoking prevalence has fallen over time, but there is more that can be done, especially given the fact that so much of the healthcare burden of smoking falls on the already strained Medicaid system.

As with any innovation, no one could have predicted the sudden arrival into the marketplace of the e-cig in 2006. Since e-cigs fulfill both the chemical need for nicotine and physical stimuli of smoking the demand for e-cigs has grown dramatically. The promise of a relatively safe way to smoke has the potential to yield enormous healthcare savings. The most current academic research verifies the harm reduction potential of e-cigs.

As shown in this study, the potential savings to Medicaid significantly exceeds the state revenue raised from the cigarette excise tax and tobacco settlement payments by 87%. As such, the rational policy decision is to adopt a noninterventionist stance toward the evolution and adoption of the e-cig until hard evidence proves otherwise. While cigarette tax collections will fall as a result, Medicaid spending will fall even faster. This is a win-win for policymakers and taxpayers.



Notes and Sources

- 1. Maduka, Jeomi, McMillen, Robert, and Winikoff, Jonathan, "Use of Emerging Tobacco Products in the United States," Journal of Environmental and Public Health, 2012. <u>www.hindawi.com/journals/jeph/2012/989474</u>
- Armour, Brian S., Fiebelkorn, Ian C., and Finkelstein, Eric A., "State-Level Medicaid Expenditures Attributable to Smoking," Centers for Disease Control and Prevention, Preventing Chronic Disease, Vol. 6, No. 3, July, 2009. www.cdc.gov/pcd/issues/2009/jul/08_0153.htm
- 3. "Tobacco Control State Highlights 2012," Centers for Disease Control and Prevention. <u>http://www.cdc.gov/tobacco/</u> <u>data_statistics/state_data/state_highlights/2012/pdfs/by_state.pdf</u>
- "Current Cigarette Smoking Among Adults United States, 2005-2012," Centers for Disease Control and Prevention, Morbidity and Mortality Weekly Report, Vol. 63, No. 2, January 17, 2014, p. 31. <u>http://www.cdc.gov/mmwr/pdf/wk/mm6302.pdf</u>
- 5. See Endnote 2 for data source.
- 6. Hollenbeak, Christopher S., Kline, David, and Rumberger, Jill S., "Potential Costs and Benefits of Smoking Cessation: An Overview of the Approach to State Specific Analysis," PennState, April 30, 2010. <u>http://www.lung.org/stopsmoking/tobacco-control-advocacy/reports-resources/cessation-economic-benefits/reports/ SmokingCessationTheEconomicBenefits.pdf</u>
- Benowitz, Neal, Eissenberg, Thomas, Etter, Jean-Francois, Hajek, Peter, and McRobbie, Hayden, "Electronic cigarettes: review of use, content, safety, effects on smokers and potential for harm and benefit," Addition, 109, June 2014, pp. 1801-1810.
- 8. Burstyn, Igor, "Peering through the mist: systemic review of what the chemistry of contaminants in electronic cigarettes tells us about health risks," BMC Public Health, 2014.
- 9. Benowitz, Neal, Gawron, Michal, Goniewicz, Maciej Lukasz, Havel, Christopher, Jablonska-Czapla, Magdalena, Jacob, Peyton, Knysak, Jakab, Kosmider, Leon, Kurek, Jolanta, Prokopowicz, Adam, and Sobczak, Andrzej, "Levels of selected carcinogens and toxicants in vapour from electronic cigarettes," Tobacco Control, January 2013.
- Farsalinos, Konstantinos, Kyrzopoulos, Stamatis, Savvopoulou, Maria, Tsiapras, Dimitris, and Voudris, Vassilis, "Acute effects of using an electronic nicotine-delivery device (electronic cigarette) on myocardial function: comparison with the effects of regular cigarettes," BMC Cardiovascular Disorders, 2014.
- 11. Beard, Emma, Brown, Jamie, Kotz, Daniel, Michie, Susan, and West, Robert, "Real-world effectiveness of e-cigarettes when used to aid smoking cessation: a cross-sectional population study," Addition, 109, 2014, pp. 1531-1540.
- Bullen, Christopher, Howe, Colin, Laugesen, Murray, McRobbie, Hayden, Parag, Varsha, Williman, Jonathan, Walker, Natalie, "Electronic cigarettes for smoking cessation: a randomized controlled trial," The Lancet, September 7, 2013.
- Caponnetto, Pasquale, Campagna, Davide, Caruso, Massimo, Cibella, Fabio, Morgaria, Jaymin B., Polosa, Riccardo, and Russo, Cristina, "EffiCiency and Safety of an eLectronic cigarette (ECLAT) as Tobacco Cigarettes Substitute: A Prospective 12-Month Randomized Control Design Study," Plos One, Vol. 8, Issue 6, June 2013.
- 14. Farsalinos, Konstantinos E., Kyrzopoulos, Stamatis, Romagna, Giorgio, Tsiapras, Dimitris, Voudris, Vassilis, "Evaluating Nicotine Levels Selection and Patterns of Electronic Cigarette Use in a Group of 'Vapors' Who Had

STATE BUDGET SOLUTIONS

15. See Endnote 2 for reference.

Abuse: Research and Treatment, 2013.

Achieved Complete Substitution of Smoking," Substance

- 16. For more information, see Fleenor, Patrick, "Tax Differentials on the Interstate Smuggling and Cross-Border Sales of Cigarettes in the United States," Tax Foundation, Background Paper No. 16, October, 1996. <u>http://taxfoundation.org/ sites/taxfoundation.org/files/docs/d037e767938088819c1168609e179a70.pdf</u>
- 17. Babb, Stephen D., King, Brian A., and Peck, Richard M., "National And State Cost Savings Associated with Prohibiting Smoking in Subsidized and Public Housing in the United States," Centers for Disease Control and Prevention, Preventing Chronic Disease, Bol. 11, E171, October 2014. <u>www.cdc.gov/pcd/issues/2014/14_0222.htm</u>

State Budget Solutions

J. Scott Moody is the Chief Executive Officer and Chief Economist at State Budget Solutions. He may be reached at <u>ismoody@statebudgetsolutions.org</u>

Scott has over 17 years as a public policy economist. He is the author, co-author and editor of over 170 studies and books. He has testified twice before the House Ways and Means Committee of the U.S. Congress as well as various state legislatures. His work has appeared in Bloomberg, Forbes, CNN Money, State Tax Notes, The New York Post, Portland Press Herald, Bangor Daily News and others.

His professional experience includes positions as CEO of The Maine Heritage Policy Center, Senior Economist at The Tax Foundation and Senior Economist at The Heritage Foundation. Scott received his Bachelor of Arts in Economics from Wingate University (Wingate, N.C.). He received his Master of Arts in Economics from George Mason University (Fairfax, VA).

State Budget Solutions (SBS) is a non-partisan, non-profit, national public policy organization with the mission to change the way state and local governments do business.

SBS produces studies, articles, reports and compelling narratives about the critical issues that affect state and local budgets, including pension reform, healthcare and education. SBS engages state leaders, journalists and others on positive reforms aimed at improving the functionality of government.

SBS works to make its vision of empowered citizens a reality by promoting policies that provide practical solutions for local people to make local decisions through the Federalism In Action project.

Contributions to State Budget Solutions are tax deductible to the extent allowed by law.

© 2015 State Budget Solutions. Material from this document may be copied and distributed with proper citation.

