



The world's largest cannabis information community.

Cannabis

in Washington State

101



Flower



LEGAL LIMITS

Up to one ounce of dried marijuana per person

TYPES

There are hundreds of strains that are broken down into three categories:

- I Indica:** delivers heavier, full-body effects
- S Sativa:** delivers uplifting, high-energy effects
- H Hybrid:** a cross between an indica and a sativa strain

CONSUMPTION METHODS

• Bong • Joint • Pipe • Vaporizer (RECOMMENDED)

YOU SHOULD KNOW: THC vs CBD

THC = psychoactive, delivers "high" effects
CBD = non-psychoactive, used medicinally

High THC strains: 10-25% THC

0%  50%

High CBD strains: 5-15% CBD

0%  50%



Extracts



LEGAL LIMITS

7 grams of extract for inhalation



POPULAR TYPES

Butane Hash Oil (BHO) – a potent concentrate of cannabinoids made by dissolving cannabis in butane

CO₂ – a concentrated cannabinoid oil created by using pressure and carbon dioxide to pull oils from the cannabis plant

Tinctures – liquid cannabis extract that can be mixed with food or dropped directly onto your tongue

CONSUMPTION METHODS

- Dabbing (heating and inhaling concentrate vapor)
- Vaporizer Pens • Oral Ingestion

YOU SHOULD KNOW: CONCENTRATES 101

Often referred to as "oil" or "wax," concentrates are active cannabinoids extracted from cannabis. Concentrates are popular due to their high THC content.



Edibles



LEGAL LIMITS

16 oz of infused product in edible form,
72 oz in beverage form

TYPES

Any food or beverage infused with THC

CONSUMPTION METHODS

Oral Ingestion



YOU SHOULD KNOW: CONSUME EDIBLES RESPONSIBLY

Be informed. Average THC content range is 10-120 mg.

Start small. 10 mg of THC is considered an average dose. Find out how much THC your edible contains and ingest in 10 mg increments over a safe time period until you can determine the amount your body can comfortably handle.

Be patient. Edibles can take 30-90 minutes to kick in. Wait before ingesting another dose.

Be responsible. Store your edibles in a safe place away from children and pets.

Adjust expectations. Edibles can be much more physically



Topicals



LEGAL LIMITS

16 oz of infused product in solid form,
72 oz in liquid form

TYPES

- Lotions • Lip Balms
- Creams • Bath Soaks

CONSUMPTION METHODS

Rub onto your body for
localized relief




Ready to make a
purchase? Check this
pamphlet's back cover
for how to locate the



CHECKLIST

to Purchase
Legal Retail Cannabis
in Washington State



- 
- ✓ You're 21 or older
 - ✓ You have a valid government-issued photo ID
 - ✓ You will possess and consume your legal cannabis in private or risk a civil penalty of up to \$100
 - ✓ You will not transport retail cannabis products outside of Washington state
 - ✓ You will be a responsible and mature cannabis consumer

If you follow the above guidelines, congratulations! You're qualified to be a retail cannabis customer.

Lets go shopping!



Where to Purchase

Ready to purchase some cannabis products?
Here's how to locate the best cannabis products and
retailers to fit your needs.

Visit [Leafly.com](https://www.leafly.com) or download our app



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Why Leafly?

- We're the world's largest cannabis information community
- Search cannabis strains by types, flavors, effects, and medical conditions
- Locate a retail store that carries exactly what you want
- Keep track of what you've tried in your private Journal
- Save your favorite strains for future reference
- Read up on the latest cannabis news and culture

Discover, connect, and share your cannabis experience!



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