

Trillium Community Health Plan Behavioral Health System Improvements

- 1. Trillium Community Health Plan (TCHP) has integrated behavioral health care coordination and physical health care coordination. Complex Case Care Coordination effectively manages challenging conditions and life situations with member-centered coordination.
- 2. TCHP has supported the operational development of behavioral health integration into four primary care medical homes. SBIRT and depression screening, team huddles, warm handoffs, and care coordination are functional components of clinic workflow.
- 3. TCHP has supported the development of four behavioral health medical homes providing integrated care for adults with a serious behavioral health disorder. One of these is an integrated rapid access cli8nic for behavioral and physical health concerns.
- 4. TCHP has supported the development of and contracted with six behavioral health clinics that provide same day, drop in behavioral health appointments. This provides immediate access to behavioral health supports for members.
- 5. TCHP has developed or expanded contracts for the following services:
 - a. Assertive Community Treatment (ACT)
 - b. EASA program for young adults experiencing a first psychotic episode
 - c. Psychiatric day hospitalization for adults
 - d. Wraparound services for youth and families
 - e. Intensive outpatient services for youth and adults
- 6. TCHP continues to partner with Lane County Health and Human Services to provide community behavioral health services such as:
 - a. School based mental health services
 - b. Youth and adult 24/7 mobile crisis systems
 - c. Peer operated support and advocacy programs
 - d. Mental health prevention and early intervention services
 - e. System of Care development, facilitation and coordination