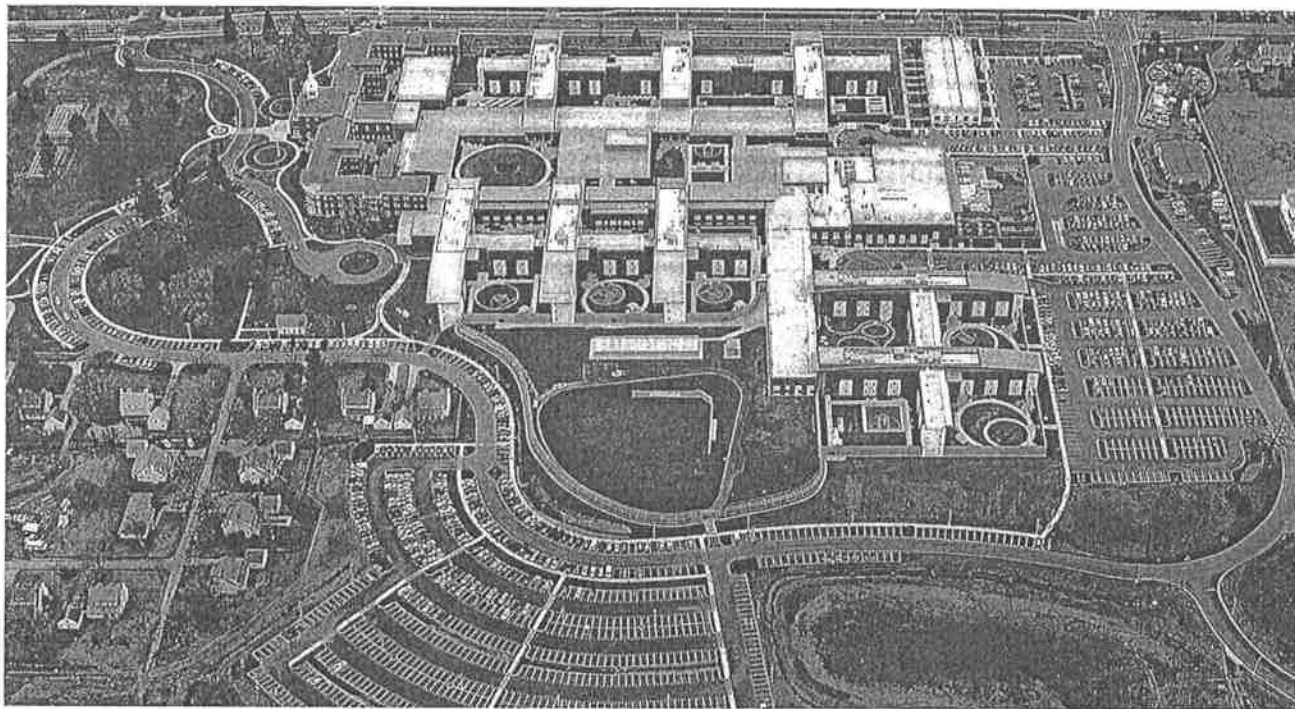


## Salem Campus



Oregon  
Health  
Authority

# Oregon State Hospital

## Vision

We are a psychiatric hospital that inspires hope, promotes safety and supports recovery for all.

## Mission

Our mission is to provide therapeutic, evidence-based, patient-centered treatment focusing on recovery and community reintegration all in a safe environment.

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# Oregon State Hospital

## State hospital services

- Adults needing intensive psychiatric treatment for severe and persistent mental illness who are civilly or criminally committed to OHA for mental health treatment
- In 2012, OSH provided care for a total of 1,183 people who could not be served in the community
- Hospital level of care: 24-hour nursing and psychiatric, on-site credentialed professional staff, organized medical staff, treatment planning, pharmacy, laboratory, on-site food and nutritional services, as well as vocational and educational services
- These services are essential to restore patients to a level of functioning that allows a successful transition back to the community

# Oregon State Hospital

## **Civil program**

- Three units (72 beds) on the Portland campus and one unit (26 beds) on the Salem campus – patients who have been civilly committed or voluntarily committed by a guardian. Civilly committed patients are those who are dangerous to themselves or others, or who are unable to provide for their own basic needs due to their mental illness.

## **Neuropsychiatric program**

- Four units (88 beds) on the Salem campus – patients who require a hospital level of care for dementia, organic brain injury, or other mental illness, often with co-occurring significant medical issues.

# Introduction

16.5 units (410 beds) and four cottages (26 beds) – Salem campus

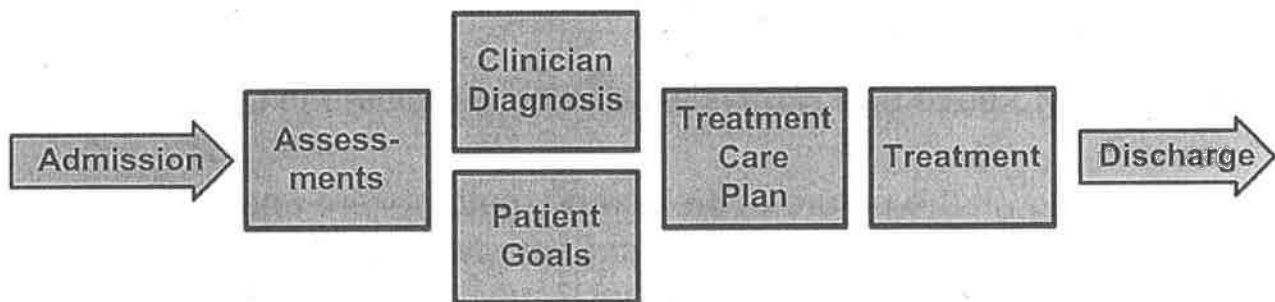
## **Guilty Except for Insanity (GEI)**

- People who have been convicted of a crime related to their mental illness.
- Depending on the nature of their crime, patients are under jurisdiction of either the Psychiatric Security Review Board (PSRB, Tier 1) or the Oregon State Hospital Review Panel (SHRP, Tier 2) while hospitalized.

## **Aid and Assist (.370)**

- Ordered to the hospital by the courts under Oregon law (ORS 161.370) for mental health treatment that will enable them to understand the criminal charges against them and to assist in their own defense.

## Clinical Process



## Types of Clinical Treatment

Biological	Psychological	Social
Medications	<ul style="list-style-type: none"><li>• Individual Therapy</li><li>• Treatment Groups (Treatment Malls)</li></ul>	<ul style="list-style-type: none"><li>• Legal Encumbrances:<ul style="list-style-type: none"><li>○ Fitness to stand trial (.370)</li><li>○ Guilty Except for Insanity (PSRB / SHRP)</li></ul></li><li>• Activities of daily living</li><li>• Community reintegration</li><li>• Housing</li><li>• Vocation/work</li></ul>

### Overall Treatment Care Plan:

- Updated regularly with short and long term goals
- Prioritized to address risk, mitigate illness & promote recovery
- Collaboratively developed by patient, team and family (when appropriate)

# OSH Stages of Development

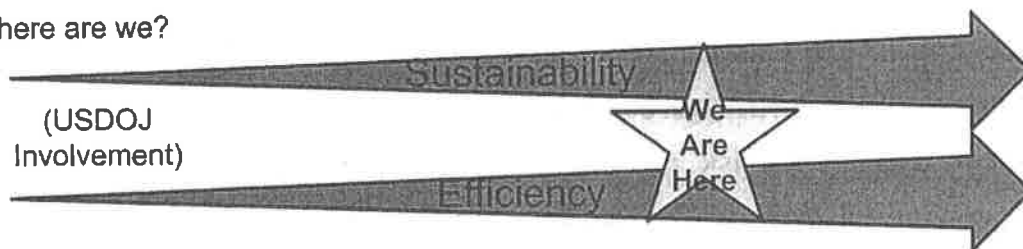
Stage of Development:

Building	Organizational Structure	Staffing	Basic Training	Clinical Training	Culture of Recovery
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Level of Completion:



Where are we?





## Average 2012 census

Forensic – Guilty except for insanity (PSRB and SHRP)	337	56%
Forensic – Aid & assist (.370)	98	18%
Civil – Neuropsychiatric and geriatric	65	11%
Civil – Adult Treatment Services (Portland)	86	15%
<b>Total census</b>	<b>586</b>	<b>100%</b>

## OSH Snapshot - May 1, 2013

**Currently available beds: 625**

**Current census: 591** (97%)

- Harbors – 100
- Trails – 209
- Bridges – 133
- Springs – 80
- Portland – 69

**Current staff: 1881**

- 1759 full time
- 40 limited duration
- 78 temporary
- 4 per diem (on call mental health therapy technicians)

Of these, there are 989 unit nursing staff.

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## 2012 - Length of Stay by discharged patients

2012 Discharged Clients Length of Stay (Days)							
	GEI		RVC		Civil	.370	Other*
	Tier 1	Tier 2	Tier 1	Tier 2			
<b>Mean</b>	<b>1,357</b>	<b>1,401</b>	<b>1,250</b>	<b>421</b>	<b>303</b>	<b>107</b>	<b>897</b>
<b>Median</b>	<b>1,297</b>	<b>1,099</b>	<b>1,063</b>	<b>207</b>	<b>157</b>	<b>72</b>	<b>897</b>
* Other includes: Correctional Facility – Juvenile (OYA) Hospital Hold – temporary hold used during transitions between commitment types							

## Interdisciplinary Treatment Teams

Each patient is assigned an interdisciplinary treatment (IDT) team. The team works with the patient to develop an individualized treatment care plan, which includes their treatment mall groups, to help the patient achieve his or her treatment goals. Treatment teams consist of one of each of the following disciplines:

- Psychiatrist
- Registered Nurse
- Treatment Care Plan Specialist
- Primary Case Monitor
- Psychologist
- Social Worker
- Rehabilitation/Occupational Specialist
- Nurse Manager

## Treatment Malls

OSH has six treatment malls, each tied to a specific program and designed to address the needs of that program's patients. Much like a job or school, patients attend groups on the treatment mall every weekday.

Treatment malls provide a centralized location for active treatment away from the living units where patients spend 20 hours each week taking part in a variety of therapeutic groups and activities designed to help them manage their illness and build the skills necessary for successful community living.

Prior to each 10-week treatment mall session, patients work closely with their treatment team to select groups that will best meet both their needs and interests.

# Treatment Malls

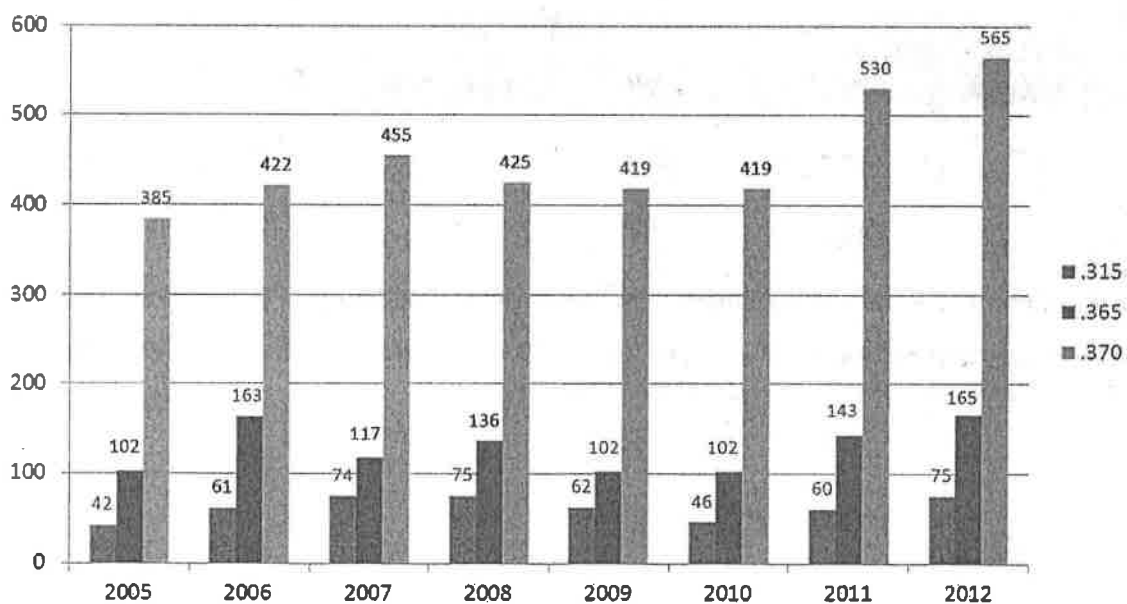
Examples of treatment mall groups and classes include:

- Vocational Rehabilitation
- Supported Education
- Art Therapy
- Music Therapy
- Mindfulness
- Peer Delivered Service
- Co-Occurring Disorders
- Legal Skills
- Dual Diagnosis
- Community Volunteering

# OSH overview

## Forensic Evaluation Services

Total evaluations by ORS commitment type



5/1/2013  
Addictions and Mental Health Division

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# OSH overview

## Forensic Evaluation Services

### Final .370 Evaluation Results

Year	Unique Patients	Episodes of Care*	Able	Never Able	Other**
2011	363	383	262	67	54
2012	382	405	257	76	72

\* Episodes of Care (some patients had more than one admission under ORS 165.370 in the year)

\*\* Includes patients who received a "Not at this time" or "No opinion" evaluation, some of these patients may still be at the hospital and their evaluation is ongoing



**Vision:** We are a psychiatric hospital that inspires hope, promotes safety and supports recovery for all.

**Mission:** Our mission is to provide therapeutic, evidence-based, patient-centered treatment focusing on recovery and community reintegration all in a safe environment.

The Oregon State Hospital (OSH) provides long-term intensive psychiatric treatment for both civilly and criminally committed adults suffering from severe and persistent mental illness.



### **Forensic Commitments**

Patients who have been charged with or convicted of criminal behavior related to their mental illness. Some are referred by the courts under Oregon law (ORS 161.370) for treatment that will help them to understand the criminal charges against them and to assist in their own defense. Others are admitted after they have been found guilty of a crime except for insanity. Depending on the nature of their crime, these patients are under the jurisdiction of either the Psychiatric Security Review Board or the Oregon State Hospital Review Panel.

### **Civil Commitments**

People who come to Oregon State Hospital through a civil commitment require physically secure 24-hour care that is not available through community programs. They have been found by the court to be a danger to themselves or others, or unable to provide for their own basic needs, such as health and safety, because of a mental disorder.

### **Average 2012 Census**

Forensic – Guilt except for insanity (PSRB and SHRP)	295	52%
Forensic – Aid & assist (ORS 161.370)	107	19%
Civil – Neuropsychiatric and geriatric	81	14%
Civil – Adult Treatment Services	88	15%
Total census	571	100%

### **Available beds: 625**

- Harbors – Admissions and Stabilization  
5 units, 104 beds
- Trails – Psychosocial Rehabilitation  
8.5 units, 221 beds
- Bridges – Transition  
4 units, 114 beds, and 4 cottages, 26 beds, for a total of 140 beds
- Springs – Neuropsychiatric and Geriatric  
4 units, 88 beds, and 8 medical beds for patients with medical needs that cannot be treated on their home unit
- Portland – Adult Treatment Services  
3 units, 72 beds

# **OSH Treatment Programs**

## **Forensic Programs**

### **Harbors**

Harbors is the admissions and stabilization program for the hospital, where patients receive their initial assessments and have their symptoms stabilized. From the first day of their stay, patients begin planning for discharge and eventual transition to the community. They begin meeting with a treatment team within three days of admission to develop a recovery plan that includes classes and activities on the treatment mall, which they are expected to attend every weekday. Length of stay in Harbors varies, depending on each patient's needs. Harbors' goal is to evaluate, stabilize and move each patient to a less restrictive program within 21 to 30 days.

### **Trails**

Trails is the hospital's community rehabilitation program. After being assessed and stabilized in Harbors, patients transfer to the Trails program, which offers them many more choices, including more options for treatment, free time and meals. These additional choices help patients to build on their strengths and manage their illness while in the hospital and after discharge. As of September 2012, Trails also includes one civil unit. How long a patient stays in Trails depends on the stage of recovery, patient and community safety, the patient's legal status and other factors.

### **Bridges**

Bridges is the transition program for patients who are nearing the point where they no longer need hospital-level care. In addition to four traditional living units, Bridges includes four cottages on the hospital campus that provide a treatment setting much like a group home, where patients cook their own meals and share other household responsibilities. Bridges' goal is to help patients achieve their highest level of health, safety and independence as they prepare for discharge or conditional release to a less-restrictive community setting. Individuals work on living skills through daily treatment mall activities and classes as well as approved outings. They also participate in discharge planning with their treatment team members.

## **Civil Programs**

### **Springs**

The Springs program is for patients who require a hospital level of care for dementia, brain injury or mental illness. These patients often have significant medical issues. The program's goal is for everyone to return to a community-care setting. From the day of admission, the treatment team works with the patient toward this goal. Springs uses treatments that include sensory and behavioral therapy such as daily living skills and recreation; coping and problem-solving skills learned through group and individual therapy; and treatment mall groups.

### **Adult Treatment Services – Portland**

The Portland campus of Oregon State Hospital currently houses the adult treatment services program for adults who have been civilly committed or voluntarily committed by a guardian. Patients each have an individual treatment care plan and attend the treatment mall every weekday. The primary focus of treatment mall programs is to prepare patients to return to the community. Groups help patients learn how to manage their symptoms and medications, develop coping and recreational skills, budget and manage their money, and plan and prepare meals. Community reintegration is the focus of weekly trips to community settings. Separate programs provide educational support, psychotherapy and help for alcohol and drug abuse.