TTSD Mental Health Care Coordination

Mental Health Care Coordinators are Master's level mental health professionals employed by LifeWorks NW and working in Tigard-Tualatin schools. They:

- Work with school administrators, counselors and teachers to identify students who may be experiencing mental health disorders
- Meet with students and their families to assess their needs and identify appropriate services
- Work in partnership with families to navigate health insurance coverage
- Help families who do not have health insurance to obtain services and get coverage through OHP.
- Connect students and families to mental health services that meet their needs
- Help families access higher levels of mental health care, if needed, including day treatment, residential treatment and hospitalization
- Follow-up until students and families are successfully connected with services
- Offer bi-lingual and culturally appropriate services

Care Coordinators receive referrals from school Red Zone Teams, administrators, counselors and teachers. Approximately 350 students are referred for service each

year.

Helping Students Learn, Making Schools Safer







- Students get services early so they can get back on track; improve school achievement
- **Families** have help when they may not know where to turn; are connected with services; have a partner in navigating the mental health system
- Schools can better support students with mental health needs; school climate improves by helping students who may be disruptive or withdrawn due to mental health issues
- Our community is a safer and healthier place for children and youth.