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Housing with Services

Initial Needs Assessment Indicates:

High Medicare and Medicaid eligibility, frequent users of hospitals, ERs, other high cost social services, and risk of premature or unnecessary nursing home placement.

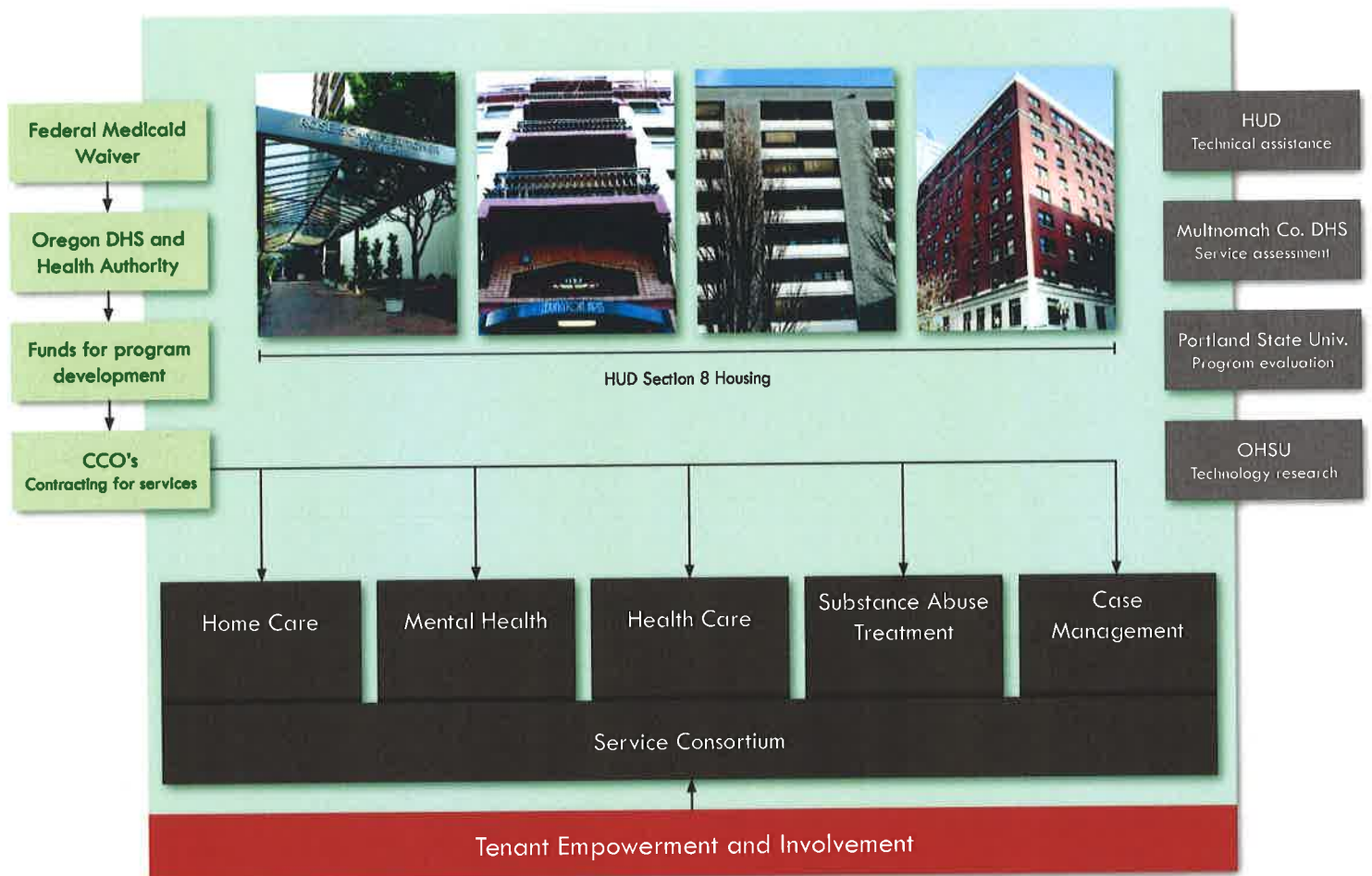
Preliminary Data Also Indicates:

Many residents are in need of mental health and/or substance abuse treatment in order to mitigate risk of involvement in criminal justice system.

National Data Suggests:

Elders in affordable housing are four times more likely to need assistance with activities of daily living and instrumental activities of daily living than same age peers living at home.

HOUSING WITH SERVICES MODEL



Housing with Services Pilot Program Outcomes & Strategies



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TARGET OUTCOMES

Aging in Place

- Reduce nursing home and assisted living facility utilization
- Reduce emergency room utilization and hospital stays
- Reduce criminal justice intervention due to substance abuse and mental health problems

STRATEGIES

Meta

- Collaboration between Cedar Sinai Park, Seniors and People with Disabilities, Multnomah County Aging and Disability Services, and Portland State University to assure sustainable funding sources and measurable outcomes.
- Develop a replicable model.

Macro

- Coordinate development of sustainable consortium of providers committed to defined target outcomes.

Mezzo

- Increased case management.
- Increased access to mental health and substance abuse treatment.
- Onsite health care and education.
- Onsite staff culture change to support aging in place.
- Empower family caregivers' competency regarding resident support and care team interactions.
- Increase resident access to health information and education regarding health decisions.
- Increased sense of community within the buildings.

Micro

- Increased home care services
- Health education classes
- Expanded transportation
- Onsite nursing
- Alcohol and drug treatment
- Mental health services
- Geriatric assessment
- Alternative medicine (e.g. acupuncture, massage, etc.)
- Tenant council(s) – *Individual buildings & Residents*