Hi my name is Tami Holst. I am writing you this letter for a couple of reasons. I have known women who have gotten abortion and some have been okay with decisions but some have not. I had a friend who went to Portland and had an abortion. She came home and within a week she killed herself. She felt so guilty about killing her baby that she couldn't go one. It was very sad for your family. I also know a lady that had an abortion 37 years ago and is still living with the guilt and shame. She has always been depressed and has never felt like she has been forgiven. She is my mother. She believes that is why she lost my little brother because she had an abortion so many years ago. It's very sad.

I am asking that you don't pass the bill that is SB490. Let these clinics help women instead of killing their babies.

Thank you, Tami Holst