# SERVICES AVAILABLE AT: CENTERS FOR INDEPENDENT LIVING IN OREGON

"Independent Living" (IL): means that people with disabilities have the opportunity to make decisions about their lives and pursue activities of their choosing.

"Centers for Independent Living" (CILs): are organizations operated by people with disabilities, for people with disabilities. The CIL's mission is to help people with disabilities live as independently as possible in communities that understand and value their contributions.



## "CORE" SERVICES PROVIDED BY CENTERS FOR INDEPENDENT LIVING:

- Advocacy
- Independent living skills
- Information and referral
- Peer counseling

## AUXILIARY SERVICES PROVIDED BY OREGON CILS:

- STEPS teaches employer and IL skills to consumers with homecare workers
- Work Incentive Network
   (WIN) provides benefits
   counseling for Oregon
   Vocational Rehabilitation
   Services consumers
   considering work

### Provided by all CILs but level/availability varies...

- Americans with Disabilities Act (ADA) Consultation
- Support groups, classes, recreation activities
- Employment services
- Emergency preparedness
- Recreation project
- Drop-in business center
- Brain Train®

#### OREGON'S CILS: ADDITIONAL SERVICES AND SERVICE AREAS

ABILITREE - Bend, Oregon

Call: 541-388-8103 www.abilitree.org

Provides "Core", WIN, and STEPS Services in Deschutes, Crook, Jefferson counties.

- Brain Train® •
- · Outreach to youth in schools
- Disability awareness
- · Supported living
- Supported employment
- Social Security Applications

EOCIL — Ontario, Oregon

Call: 541-889-3119 www.eocil.org

Pendleton, Oregon Call: 541-276-1037

The Dalles\*, Oregon Call: 541-370-2810

Provides "Core" and WIN Services in Baker, Gilliam, Grant, Harney, Hood River\*, Malheur, Morrow, Sherman, Umatilla, Union, Wallowa, Wasco and Wheeler counties

- \* Not state or federally funded
- Life Transition services (assistance to move to community based housing) outreach to youth in schools
   disability awareness
- Ryan White Case Management Services for individuals living with HIV/AIDS
- Representative payee project for Social Security
- Recreation project
- Drop–in business center
- · Brain Train®
- STEPS

HASL — Grants Pass, Oregon

Call: 541–479–4275 www.haslonline.org

Provides "Core" Services in Jackson and Josephine counties (also providing STEPS services in Coos and Curry; and WIN services in Coos, Curry, and Douglas).

- Blue Path (recognizes accessible businesses)
- Brain Train ®
- Durable medical equipment loan
- Sports and wheelchair recreation

ILR — Portland, Oregon

Call: 503-232-7411

www.ilr.org

Provides "Core", WIN in Multnomah, Washington, Clackamas, Tillamook, Clatsop, Columbia, Hood River, Sherman, and Wasco (also providing STEPS in Multnomah and Clackamas.

• Transcription services for Braille, audio, and large print





LILA — Eugene, Oregon

Call: 541-607-7020

www.lilaoregon.org

Provides "Core", WIN and STEPS Services Lane county

- Blue Path (recognizes accessible businesses)
- Disability Navigators
- Eugene Sounds (internet radio service)
- LILA Accessible Mental Health Program
- Mental Health Peer Support Club
- OPAL Network (consumer directed mental health)

SPOKES — Klamath Falls, Oregon

Call: 541-883-7547

www.spokesunlimited.org

Provides "Core" and WIN Services Klamath and Lake counties.

Brain Train®

UVDN — Roseburg, Oregon

Call: 541-672-6336

www.uvdn.org

Provides "Core", and STEPS Services in Douglas county.

- Lifespan Respite Care
- Donated clothing
- Trans Link (non-ambulatory Medicaid medical transportation)